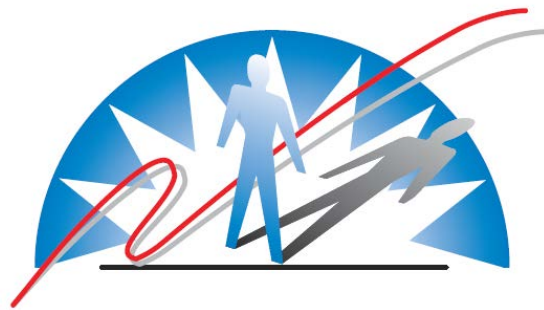


2015

Montana Youth Risk Behavior Survey

High School Results



AND 2015 COMPARATIVE TABLES FOR:

- GRADES 7-8
- AMERICAN INDIAN STUDENTS ON OR NEAR A RESERVATION
- AMERICAN INDIAN STUDENTS IN URBAN SCHOOLS
- NONPUBLIC ACCREDITED SCHOOLS
- ALTERNATIVE SCHOOLS
- STUDENTS WITH DISABILITIES



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Montana
Office of Public Instruction
Denise Juneau, State Superintendent

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The 2015 Youth Risk Behavior Survey (YRBS) report is a continuation of the surveillance and reporting system for adolescent risk behaviors developed by the Division of Adolescent and School Health, National Center for Chronic Disease Prevention and Health Promotion, U.S. Centers for Disease Control and Prevention (CDC). The YRBS was first used in Montana in 1991. Superintendent Denise Juneau, and the Montana Office of Public Instruction, acknowledge the participation, support and cooperation of those persons who made the 2015 Montana Youth Risk Behavior Survey possible. Sincere appreciation is expressed to:

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- the cosponsors of the YRBS – Montana Board of Crime Control, Montana Department of Public Health and Human Services, Billings Area Indian Health Service, Montana Department of Transportation;
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2015 Montana Youth Risk Behavior Survey

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INTRODUCTION

The Youth Risk Behavior Survey (YRBS) is an epidemiologic surveillance system that was established by the U.S. Centers for Disease Control and Prevention (CDC) to help monitor the prevalence of behaviors that not only influence youth health, but also put youth at risk for the most significant health and social problems that can occur during adolescence and adulthood.

In the United States, 74 percent of all deaths among youth and young adults aged 15-24 years results from four causes: motor-vehicle crashes (33%), other unintentional injuries (13%), homicide (15%), and suicide (13%). Substantial morbidity and social problems also result from the estimated 410,000 births; 517,174 cases of chlamydia, gonorrhea, and syphilis; and 2,036 cases of human immunodeficiency virus (HIV) reported among youth aged 15-19 years. Among adults aged ≥ 25 years, 57 percent of all deaths in the United States result from cardiovascular disease (34%) and cancer (23%). These leading causes of morbidity and mortality among youth and adults in the United States are related to six categories of priority health-risk behaviors: behaviors that contribute to unintentional injuries and violence; tobacco use; alcohol and other drug use; sexual behaviors that contribute to unintended pregnancy and STDs, including HIV infection; unhealthy dietary behaviors; and physical inactivity. These behaviors frequently are interrelated and are established during childhood and adolescence and extend into adulthood.

To monitor priority health-risk behaviors in each of these six categories and obesity and asthma among youth and young adults, CDC developed the YRBS. The YRBS has been conducted biennially since 1991 in Montana.

The purpose of the YRBS is to assist educators and health professionals in determining the prevalence of the aforementioned health-risk behaviors among youth. This report describes the results of the survey and the methods used to conduct the survey. The results will be used to focus the continuing development of statewide comprehensive health education and to reduce those health behaviors that place Montana youth at risk.

Survey results are presented in the following parts:

- Introduction
- Survey Methods
- Frequency Distributions
- Graphs - Gender, Grade Level and Race
- Trend Report (1993 - 2015)
- Comparative Tables by Student Population

SURVEY METHODS

DESCRIPTION OF YRBS

The YRBS was developed cooperatively by the CDC, 19 other federal agencies, and state and local departments of education to measure the extent to which adolescents engage in health-risk behaviors. The 2015 survey instrument consisted of 94 questions which assessed the six priority health-risk behaviors which result in the greatest amount of morbidity, mortality, and social problems among youth. These behaviors include behaviors that result in unintentional injuries and violence; tobacco use; alcohol and other drug use; sexual behaviors that contribute to unintended pregnancy and STDs, including HIV infection; unhealthy dietary behaviors and physical inactivity.

SAMPLE SELECTION PROCESS

All public schools in Montana with students in grades 9 through 12 were eligible to be selected for inclusion in the sample. Fifty-four schools were randomly selected with probability proportional to enrollment. The 2015 YRBS was completed by 4,486 students in 49 public high schools during February of 2015. The school response rate was 91 percent, the student response rate was 87 percent, and the overall response rate was 79 percent. The weighted results presented in this report are based on the behavior and opinion of the participants in the sample; however, the results can be used to make inferences concerning the priority health-risk behaviors of all high school students in Montana.

Superintendents of school districts were contacted during October 2014 to obtain approval to administer the YRBS. Sufficient time was allowed to gain school board and/or parent approval, and to answer any questions about the survey. Each participating school submitted a list of second-period classes and a random set of these classes was selected and surveyed. In smaller schools, a census of students was provided. Survey coordinators for each school were assigned by school administrators and packets of information, including instructions, survey booklets, and answer sheets, were mailed to each school during February 2015. Surveys were administered during second period classes during the last week of February and returned to the Office of Public Instruction (OPI) for processing within one week of survey administration.

The teachers who administered the survey to students were provided detailed written instructions to ensure uniform survey administration across sites. To encourage accurate responses to sensitive questions, a strict protocol was implemented to protect the privacy and confidentiality of all participating students. Participation in the survey was voluntary. Students could decline to participate, turn in blank or incomplete survey

forms, or stop completing the survey at any time. The protocols used in the YRBS ensure that participating schools are not violating any federal laws protecting students' rights and privacy, including the Protection of Pupil Rights Amendment and the Family Educational Rights and Privacy Act (FERPA).

SURVEY VALIDITY AND LIMITATIONS

A weighting procedure was performed to reduce bias by compensating for differing patterns of nonresponsive at the school and student levels and to reflect the likelihood of sampling each student. The weighted results contained in this report can be used to make inferences about the priority health-risk behaviors of all high school students in grades 9 through 12 in all schools in Montana.

The approximate error rate, using a normal approximation, is plus-or-minus 3 percent. However, users should be careful when using the data since respondents in self-reported surveys may have a tendency to underreport behaviors that are socially undesirable, unhealthy, or illegal (alcohol consumption, drug use, seat belt nonusage, etc.) and overreport behaviors that are socially desirable (amount of exercise, etc.).

2015 MONTANA YOUTH RISK BEHAVIOR SURVEY

FREQUENCY DISTRIBUTIONS

The 2015 YRBS results are representative of all students in grades 9-12. The weighted demographic characteristics of the sample are as follows:

Female	48.2%	9 th grade	26.7%	Black*	0.6%
Male	51.8%	10 th grade	25.4%	Hispanic/Latino	3.8%
		11 th grade	24.3%	Native American	9.7%
		12 th grade	23.5%	White*	82.3%
		Other	0.2%	All other races	0.8%
				Multiple races	2.8%

*Non-Hispanic

Frequency Distributions

(Percentage of Montana High School Students)

1. How old are you?	
A. 15 years or younger	36.5
B. 16 or 17 years old	49.5
C. 18 years old or older	14.0

2. What is your sex?	
A. Female	48.2
B. Male	51.8

3. In what grade are you?	
A. 9 th grade	26.7
B. 10 th grade	25.4
C. 11 th grade	24.3
D. 12 th grade	23.5
E. Ungraded or other grade	0.2

4. Are you Hispanic or Latino?	
A. Yes	3.8
B. No	96.2

5. What is your race?	
A. Black	0.6
B. Hispanic/Latino	3.8
C. Native American	9.7
D. White	82.3
E. All other races*	0.8
F. Multiple races*	2.8

*Non-Hispanic

6. Height Chart

7. Weight Chart

The next 7 questions ask about safety.

8. When you rode a bicycle during the past 12 months, how often did you wear a helmet?	
A. I did not ride a bicycle during the past 12 months	30.5
B. Never wore a helmet	50.1
C. Rarely wore a helmet	5.8
D. Sometimes wore a helmet	4.1
E. Most of the time wore a helmet	4.3
F. Always wore a helmet	5.3

9. How often do you wear a seat belt when driving a car?	
A. I do not drive a car	13.1
B. Never	2.5
C. Rarely	4.6
D. Sometimes	8.8
E. Most of the time	18.9
F. Always	52.1

10. How often do you wear a seat belt when riding in a car driven by someone else?	
A. Never	3.3
B. Rarely	6.3
C. Sometimes	12.7
D. Most of the time	27.1
E. Always	50.7

11. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?	
A. 0 times	77.0
B. 1 time	9.6
C. 2 or 3 times	7.4
D. 4 or 5 times	2.6
E. 6 or more times	3.3

12. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol ?	
A. I did not drive a car or other vehicle during the past 30 days	20.2
B. 0 times	71.1
C. 1 time	4.3
D. 2 or 3 times	2.5
E. 4 or 5 times	0.8
F. 6 or more times	1.0

13. During the past 30 days, on how many days did you text or e-mail while driving a car or other vehicle?	
A. I did not drive a car or other vehicle during the past 30 days	19.8
B. 0 days	36.4
C. 1 or 2 days	11.9
D. 3 to 5 days	6.1
E. 6 to 9 days	4.9
F. 10 to 19 days	7.0
G. 20 to 29 days	5.0
H. All 30 days	8.9

14. During the past 30 days, on how many days did you talk on a cell phone while driving a car or other vehicle?	
A. I did not drive a car or other vehicle during the past 30 days	21.2
B. 0 days	33.0
C. 1 or 2 days	16.6
D. 3 to 5 days	9.5
E. 6 to 9 days	6.5
F. 10 to 19 days	6.8
G. 20 to 29 days	3.0
H. All 30 days	3.4

The next 11 questions ask about violence-related behaviors.

15. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?	
A. 0 days	73.6
B. 1 day	4.3
C. 2 or 3 days	5.1
D. 4 or 5 days	2.1
E. 6 or more days	14.9

16. During the past 30 days, on how many days did you carry a gun ?	
A. 0 days	88.9
B. 1 day	3.7
C. 2 or 3 days	2.8
D. 4 or 5 days	1.2
E. 6 or more days	3.4

17. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property ?	
A. 0 days	89.4
B. 1 day	2.1
C. 2 or 3 days	1.3
D. 4 or 5 days	0.8
E. 6 or more days	6.4

18. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?	
A. 0 days	95.0
B. 1 day	2.1
C. 2 or 3 days	1.4
D. 4 or 5 days	0.4
E. 6 or more days	1.1

19. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property ?	
A. 0 times	94.5
B. 1 time	2.3
C. 2 or 3 times	1.3
D. 4 or 5 times	0.4
E. 6 or 7 times	0.2
F. 8 or 9 times	0.2
G. 10 or 11 times	0.1
H. 12 or more times	1.0

20. During the past 12 months, how many times were you in a physical fight?	
A. 0 times	77.6
B. 1 time	10.8
C. 2 or 3 times	7.0
D. 4 or 5 times	1.6
E. 6 or 7 times	0.7
F. 8 or 9 times	0.5
G. 10 or 11 times	0.2
H. 12 or more times	1.7

21. During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?	
A. 0 times	97.7
B. 1 time	1.2
C. 2 or 3 times	0.7
D. 4 or 5 times	0.1
E. 6 or more times	0.3

22. During the past 12 months, how many times were you in a physical fight on school property?	
A. 0 times	92.4
B. 1 time	5.0
C. 2 or 3 times	1.4
D. 4 or 5 times	0.2
E. 6 or 7 times	0.1
F. 8 or 9 times	0.1
G. 10 or 11 times	0.0
H. 12 or more times	0.7

23. Have you ever been physically forced to have sexual intercourse when you did not want to?	
A. Yes	8.7
B. No	91.3

24. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)	
A. I did not date or go out with anyone during the past 12 months	31.0
B. 0 times	63.4
C. 1 time	2.3
D. 2 or 3 times	1.6
E. 4 or 5 times	0.5
F. 6 or more times	1.2

25. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)	
A. I did not date or go out with anyone during the past 12 months	31.1
B. 0 times	62.0
C. 1 time	3.1
D. 2 or 3 times	1.8
E. 4 or 5 times	0.5
F. 6 or more times	1.5

The next 3 questions ask about bullying. Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.

26. During the past 12 months, have you ever been bullied on school property ?	
A. Yes	25.3
B. No	74.7

27. During the past 12 months, have you ever been electronically bullied? (Count being bullied through e-mail, chat rooms, instant messaging, websites, or texting.)	
A. Yes	18.5
B. No	81.5

28. During the past 12 months, have you ever been the victim of teasing, name calling, or bullying because someone thought you were gay, lesbian or bisexual?	
A. Yes	14.7
B. No	85.3

The next 5 questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide, that is, taking some action to end their own life.

29. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?	
A. Yes	29.3
B. No	70.7

30. During the past 12 months, did you ever seriously consider attempting suicide?	
A. Yes	18.8
B. No	81.2

31. During the past 12 months, did you make a plan about how you would attempt suicide?	
A. Yes	15.5
B. No	84.5

32. During the past 12 months, how many times did you actually attempt suicide?	
A. 0 times	91.1
B. 1 time	5.0
C. 2 or 3 times	2.6
D. 4 or 5 times	0.6
E. 6 or more times	0.7

33. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?	
A. I did not attempt suicide during the past 12 months	91.3
B. Yes	3.1
C. No	5.5

The next 10 questions ask about tobacco use.

34. Have you ever tried cigarette smoking, even one or two puffs?	
A. Yes	39.1
B. No	60.9

35. How old were you when smoked a whole cigarette for the first time?	
A. I have never smoked a whole cigarette	70.4
B. 8 years old or younger	2.2
C. 9 or 10 years old	1.8
D. 11 or 12 years old	3.9
E. 13 or 14 years old	9.0
F. 15 or 16 years old	9.6
G. 17 years old or older	3.0

36. During the past 30 days, on how many days did you smoke cigarettes?	
A. 0 days	86.9
B. 1 or 2 days	4.6
C. 3 to 5 days	2.0
D. 6 to 9 days	1.3
E. 10 to 19 days	1.6
F. 20 to 29 days	1.4
G. All 30 days	2.2

37. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day ?	
A. I did not smoke cigarettes during the past 30 days	87.1
B. Less than 1 cigarette per day	4.3
C. 1 cigarette per day	2.6
D. 2 to 5 cigarettes per day	4.4
E. 6 to 10 cigarettes per day	1.0
F. 11 to 20 cigarettes per day	0.3
G. More than 20 cigarettes per day	0.5

38. During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)	
A. I did not smoke cigarettes during the past 30 days	87.4
B. I bought them in a store such as a convenience store, supermarket, discount store, or gas station	2.7
C. I got them on the Internet	0.1
D. I gave someone else money to buy them for me	3.3
E. I borrowed (or bummed) them from someone else	3.8
F. A person 18 years old or older gave them to me	0.9
G. I took them from a store or family member	0.6
H. I got them some other way	1.2

39. During the past 30 days, on how many days did you smoke cigarettes on school property ?	
A. 0 days	96.4
B. 1 or 2 days	1.4
C. 3 to 5 days	0.8
D. 6 to 9 days	0.3
E. 10 to 19 days	0.2
F. 20 to 29 days	0.2
G. All 30 days	0.7

40. During the past 12 months, did you ever try to quit smoking cigarettes?	
A. I did not smoke during the past 12 months	81.7
B. Yes	10.3
C. No	8.0

41. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip , such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?	
A. 0 days	87.7
B. 1 or 2 days	3.4
C. 3 to 5 days	1.9
D. 6 to 9 days	1.2
E. 10 to 19 days	1.1
F. 20 to 29 days	0.9
G. All 30 days	3.9

42. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip on school property ?	
A. 0 days	92.5
B. 1 or 2 days	2.1
C. 3 to 5 days	1.1
D. 6 to 9 days	0.9
E. 10 to 19 days	0.6
F. 20 to 29 days	0.6
G. All 30 days	2.2

43. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars ?	
A. 0 days	87.4
B. 1 or 2 days	7.2
C. 3 to 5 days	2.3
D. 6 to 9 days	1.5
E. 10 to 19 days	0.7
F. 20 to 29 days	0.2
G. All 30 days	0.8

The next 2 questions ask about electronic vapor products, such as blu, NJOY, or Starbuzz, Electronic vapor products include e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens.

44. Have you ever used an electronic vapor product?	
A. Yes	51.1
B. No	48.9

45. During the past 30 days, on how many days did you use an electronic vapor product?	
A. 0 days	70.5
B. 1 or 2 days	11.9
C. 3 to 5 days	5.9
D. 6 to 9 days	3.6
E. 10 to 19 days	3.5
F. 20 to 29 days	1.6
G. All 30 days	3.0

The next 7 questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

46. During your life, on how many days have you had at least one drink of alcohol?	
A. 0 days	30.1
B. 1 or 2 days	15.5
C. 3 to 9 days	16.5
D. 10 to 19 days	10.6
E. 20 to 39 days	10.2
F. 40 to 99 days	8.1
G. 100 or more days	9.0

47. How old were you when you had your first drink of alcohol other than a few sips?	
A. I have never had a drink of alcohol other than a few sips	34.9
B. 8 years old or younger	5.6
C. 9 or 10 years old	4.8
D. 11 or 12 years old	9.2
E. 13 or 14 years old	20.4
F. 15 or 16 years old	21.2
G. 17 years old or older	3.8

48. During the past 30 days, on how many days did you have at least one drink of alcohol?	
A. 0 days	65.8
B. 1 or 2 days	15.5
C. 3 to 5 days	9.0
D. 6 to 9 days	5.0
E. 10 to 19 days	3.1
F. 20 to 29 days	0.9
G. All 30 days	0.8

49. During the past 30 days, on how many days did you have at least one drink of alcohol on school property ?	
A. 0 days	94.9
B. 1 or 2 days	3.0
C. 3 to 5 days	0.9
D. 6 to 9 days	0.5
E. 10 to 19 days	0.2
F. 20 to 29 days	0.2
G. All 30 days	0.4

50. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple hours?	
A. 0 days	79.3
B. 1 day	7.2
C. 2 days	4.6
D. 3 to 5 days	5.0
E. 6 to 9 days	2.3
F. 10 to 19 days	1.0
G. 20 or more days	0.6

51. During the past 30 days, what is the largest number of alcoholic drinks you had in a row, that is, within a couple of hours?	
A. I did not drink alcohol during the past 30 days	65.6
B. 1 or 2 drinks	11.1
C. 3 drinks	3.5
D. 4 drinks	2.2
E. 5 drinks	3.9
F. 6 or 7 drinks	5.1
G. 8 or 9 drinks	2.7
H. 10 or more drinks	6.0

52. During the past 30 days, how did you usually get the alcohol you drank?	
A. I did not drink alcohol during the past 30 days	65.1
B. I bought it in a store such as a liquor store, convenience, store, supermarket, discount store, or gas station	1.4
C. I bought it at a restaurant, bar, or club	0.3
D. I bought it at a public event such as a concert or sporting event	0.2
E. I gave someone else money to buy it for me	10.0
F. Someone gave it to me	12.0
G. I took it from a store or family member	3.1
H. I got it some other way	7.8

The next 3 questions ask about marijuana use.
Marijuana also is called grass or pot.

53. During your life, how many times have you used marijuana?	
A. 0 times	62.5
B. 1 or 2 times	7.3
C. 3 to 9 times	7.3
D. 10 to 19 times	4.2
E. 20 to 39 times	4.6
F. 40 to 99 times	4.2
G. 100 or more times	9.8

54. How old were you when you tried marijuana for the first time?	
A. I have never tried marijuana	62.7
B. 8 years old or younger	1.6
C. 9 or 10 years old	1.8
D. 11 or 12 years old	4.6
E. 13 or 14 years old	13.3
F. 15 or 16 years old	13.4
G. 17 years old or older	2.7

55. During the past 30 days, how many times did you use marijuana?	
A. 0 times	80.5
B. 1 or 2 times	6.4
C. 3 to 9 times	4.4
D. 10 to 19 times	2.3
E. 20 to 39 times	2.2
F. 40 or more times	4.2

The next 10 questions ask about other drugs.

56. During your life, how many times have you used any form of cocaine , including powder, crack, or freebase?	
A. 0 times	94.8
B. 1 or 2 times	2.4
C. 3 to 9 times	1.2
D. 10 to 19 times	0.5
E. 20 to 39 times	0.2
F. 40 or more times	0.9

57. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?	
A. 0 times	92.0
B. 1 or 2 times	3.8
C. 3 to 9 times	2.2
D. 10 to 19 times	0.7
E. 20 to 39 times	0.4
F. 40 or more times	0.9

58. During your life how many times have you used heroin (also called smack, junk, or China White)?	
A. 0 times	97.9
B. 1 or 2 times	0.9
C. 3 to 9 times	0.4
D. 10 to 19 times	0.2
E. 20 to 39 times	0.1
F. 40 or more times	0.5

59. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?	
A. 0 times	97.0
B. 1 or 2 times	1.5
C. 3 to 9 times	0.5
D. 10 to 19 times	0.2
E. 20 to 39 times	0.1
F. 40 or more times	0.6

60. During your life, how many times have you used ecstasy (also called MDMA)?	
A. 0 times	93.9
B. 1 or 2 times	3.5
C. 3 to 9 times	1.2
D. 10 to 19 times	0.5
E. 20 to 39 times	0.2
F. 40 or more times	0.6

61. During your life, how many times have you used synthetic marijuana (also called K2, Spice, fake weed, King Kong, Yucatan Fire, Skunk, or Moon Rocks)?	
A. 0 times	90.4
B. 1 or 2 times	5.2
C. 3 to 9 times	2.2
D. 10 to 19 times	0.7
E. 20 to 39 times	0.4
F. 40 or more times	1.1

62. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?	
A. 0 times	97.5
B. 1 or 2 times	1.0
C. 3 to 9 times	0.4
D. 10 to 19 times	0.2
E. 20 to 39 times	0.2
F. 40 or more times	0.7

63. During your life, how many times have you taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription?	
A. 0 times	84.4
B. 1 or 2 times	5.6
C. 3 to 9 times	4.5
D. 10 to 19 times	2.3
E. 20 to 39 times	1.0
F. 40 or more times	2.1

64. During your life, how many times have you used a needle to inject any illegal drug into your body?	
A. 0 times	98.3
B. 1 time	0.7
C. 2 or more times	1.0

65. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property ?	
A. Yes	21.7
B. No	78.3

The next 7 questions ask about sexual behavior.

66. Have you ever had sexual intercourse?	
A. Yes	44.0
B. No	56.0

67. How old were you when you had sexual intercourse for the first time?	
A. I have never had sexual intercourse	55.8
B. 11 years old or younger	1.7
C. 12 years old	1.4
D. 13 years old	4.3
E. 14 years old	9.0
F. 15 years old	12.9
G. 16 years old	10.5
H. 17 years old or older	4.4

68. During your life, with how many people have you had sexual intercourse?	
A. I have never had sexual intercourse	55.9
B. 1 person	16.9
C. 2 people	8.0
D. 3 people	5.8
E. 4 people	4.1
F. 5 people	2.7
G. 6 or more people	6.7

69. During the past 3 months, with how many people did you have sexual intercourse?	
A. I have never had sexual intercourse	55.9
B. I have had sexual intercourse, but not during the past 3 months	11.8
C. 1 person	25.5
D. 2 people	3.9
E. 3 people	1.3
F. 4 people	0.5
G. 5 people	0.3
H. 6 or more people	0.8

70. Did you drink alcohol or use drugs before you had sexual intercourse the last time?	
A. I have never had sexual intercourse	55.9
B. Yes	9.2
C. No	34.8

71. The last time you had sexual intercourse, did you or your partner use a condom ?	
A. I have never had sexual intercourse	56.5
B. Yes	26.9
C. No	16.6

72. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy ? (Select only one response.)	
A. I have never had sexual intercourse	56.5
B. No method was used to prevent pregnancy	3.9
C. Birth control pills	10.5
D. Condoms	19.8
E. An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)	1.5
F. A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)	2.5
G. Withdrawal or some other method	4.0
H. Not sure	1.4

The next 2 questions ask about body weight.

73. How do you describe your weight?	
A. Very underweight	2.2
B. Slightly underweight	12.6
C. About the right weight	55.6
D. Slightly overweight	25.7
E. Very overweight	3.8

74. Which of the following are you trying to do about your weight?	
A. Lose weight	40.7
B. Gain weight	16.5
C. Stay the same weight	17.5
D. I am not trying to do anything about my weight	25.3

The next 9 questions ask about food you ate or drank during the past 7 days. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.

75. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)	
A. I did not drink 100% fruit juice during the past 7 days	24.2
B. 1 to 3 times during the past 7 days	41.9
C. 4 to 6 times during the past 7 days	15.8
D. 1 time per day	6.1
E. 2 times per day	6.0
F. 3 times per day	2.5
G. 4 or more times per day	3.5

76. During the past 7 days, how many times did you eat fruit ? (Do not count fruit juice.)	
A. I did not eat fruit during the past 7 days	9.7
B. 1 to 3 times during the past 7 days	35.0
C. 4 to 6 times during the past 7 days	24.1
D. 1 time per day	11.6
E. 2 times per day	10.5
F. 3 times per day	3.9
G. 4 or more times per day	5.1

77. During the past 7 days, how many times did you eat green salad ?	
A. I did not eat green salad during the past 7 days	32.5
B. 1 to 3 times during the past 7 days	43.2
C. 4 to 6 times during the past 7 days	13.3
D. 1 time per day	7.0
E. 2 times per day	2.2
F. 3 times per day	0.5
G. 4 or more times per day	1.3

78. During the past 7 days, how many times did you eat potatoes ? (Do not count French fries, fried potatoes, or potato chips.)	
A. I did not eat potatoes during the past 7 days	27.6
B. 1 to 3 times during the past 7 days	53.1
C. 4 to 6 times during the past 7 days	13.2
D. 1 time per day	3.1
E. 2 times per day	1.3
F. 3 times per day	0.7
G. 4 or more times per day	1.0

79. During the past 7 days, how many times did you eat carrots ?	
A. I did not eat carrots during the past 7 days	43.2
B. 1 to 3 times during the past 7 days	40.3
C. 4 to 6 times during the past 7 days	9.8
D. 1 time per day	4.4
E. 2 times per day	1.2
F. 3 times per day	0.5
G. 4 or more times per day	0.6

80. During the past 7 days, how many times did you eat other vegetables ? (Do not count green salad, potatoes, or carrots.)	
A. I did not eat other vegetables during the past 7 days	15.3
B. 1 to 3 times during the past 7 days	40.4
C. 4 to 6 times during the past 7 days	24.1
D. 1 time per day	10.4
E. 2 times per day	5.9
F. 3 times per day	1.8
G. 4 or more times per day	2.1

81. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop , such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)	
A. I did not drink soda or pop during the past 7 days	25.7
B. 1 to 3 times during the past 7 days	39.4
C. 4 to 6 times during the past 7 days	16.4
D. 1 time per day	7.9
E. 2 times per day	5.5
F. 3 times per day	2.2
G. 4 or more times per day	3.1

82. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)	
A. I did not drink milk during the past 7 days	15.8
B. 1 to 3 glasses during the past 7 days	25.1
C. 4 to 6 glasses during the past 7 days	17.7
D. 1 glass per day	14.0
E. 2 glasses per day	14.3
F. 3 glasses per day	7.4
G. 4 or more glasses per day	5.8

83. During the past 7 days, on how many days did you eat breakfast ?	
A. 0 days	12.5
B. 1 day	7.2
C. 2 days	10.0
D. 3 days	9.4
E. 4 days	8.1
F. 5 days	7.7
G. 6 days	6.9
H. 7 days	38.2

The next 5 questions ask about physical activity.

84. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day ? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)	
A. 0 days	10.7
B. 1 day	6.2
C. 2 days	8.4
D. 3 days	10.7
E. 4 days	9.9
F. 5 days	15.6
G. 6 days	9.7
H. 7 days	28.7

85. On an average school day, how many hours do you watch TV?	
A. I do not watch TV on an average school day	19.9
B. Less than 1 hour per day	20.5
C. 1 hour per day	17.1
D. 2 hours per day	20.6
E. 3 hours per day	12.0
F. 4 hours per day	5.6
G. 5 or more hours per day	4.4

86. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent on things such as Xbox, PlayStation, an iPod, an iPad or other tablet, a smartphone, YouTube, Facebook or other social networking tools, and the Internet.)	
A. I do not play video or computer games or use a computer for something that is not school work	20.1
B. Less than 1 hour per day	16.8
C. 1 hour per day	14.2
D. 2 hours per day	14.7
E. 3 hours per day	12.4
F. 4 hours per day	8.5
G. 5 or more hours per day	13.3

87. In an average week when you are in school, on how many days do you go to physical education (PE) classes?	
A. 0 days	45.1
B. 1 day	2.1
C. 2 days	3.7
D. 3 days	11.2
E. 4 days	5.1
F. 5 days	32.7

88. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)	
A. 0 teams	37.6
B. 1 team	25.3
C. 2 teams	19.3
D. 3 or more teams	17.7

The next 6 questions ask about other health-related topics.

89. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?	
A. During the past 12 months	74.9
B. Between 12 and 24 months ago	9.9
C. More than 24 months ago	5.5
D. Never	1.5
E. Not sure	8.3

90. Has a doctor or nurse ever told you that you have asthma?	
A. Yes	22.2
B. No	72.3
C. Not sure	5.5

91. On an average school night, how many hours of sleep do you get?	
A. 4 or less hours	5.9
B. 5 hours	9.3
C. 6 hours	19.9
D. 7 hours	32.3
E. 8 hours	25.1
F. 9 hours	6.1
G. 10 or more hours	1.5

92. During the past 12 months, how would you describe your grades in school?	
A. Mostly A's	40.3
B. Mostly B's	34.8
C. Mostly C's	16.3
D. Mostly D's	3.4
E. Mostly F's	1.2
F. None of these grades	0.6
G. Not sure	3.4

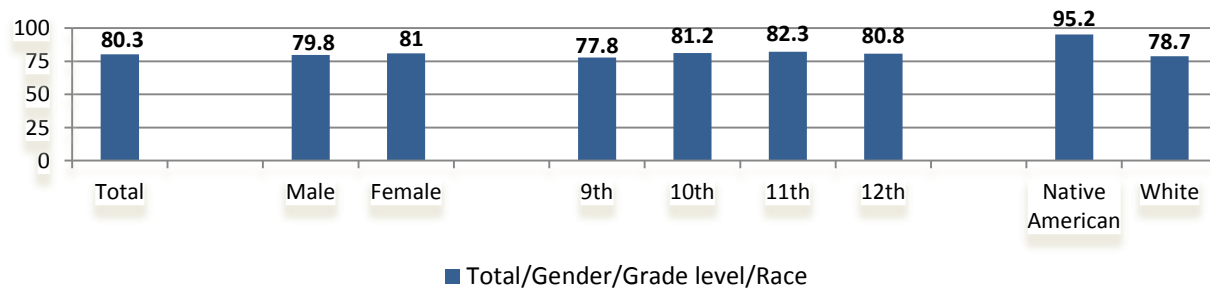
93. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)	
A. 0 times	88.2
B. 1 or 2 times	3.9
C. 3 to 9 times	3.9
D. 10 to 19 times	1.9
E. 20 to 39 times	0.9
F. 40 or more times	1.1

94. During the past 12 months, did you receive help from a resource teacher, speech therapist, or other special education teacher at school?	
A. Yes	12.4
B. No	87.6

Unintentional Injuries and Violence

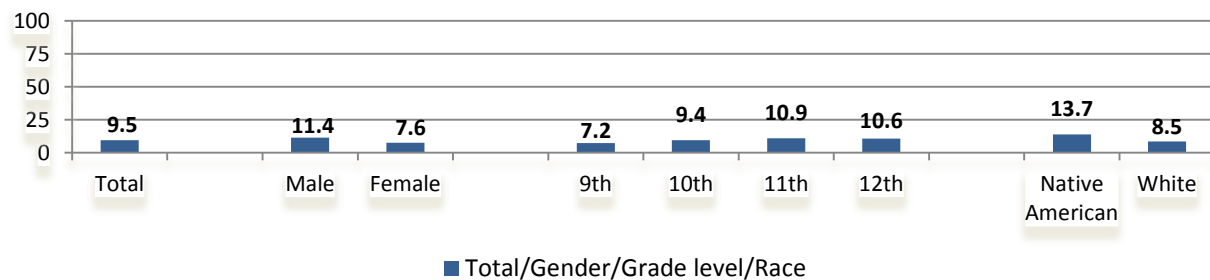
BICYCLE HELMET USE

Among students who rode a bicycle during the past 12 months, 80.3 percent never or rarely wore a bicycle helmet.



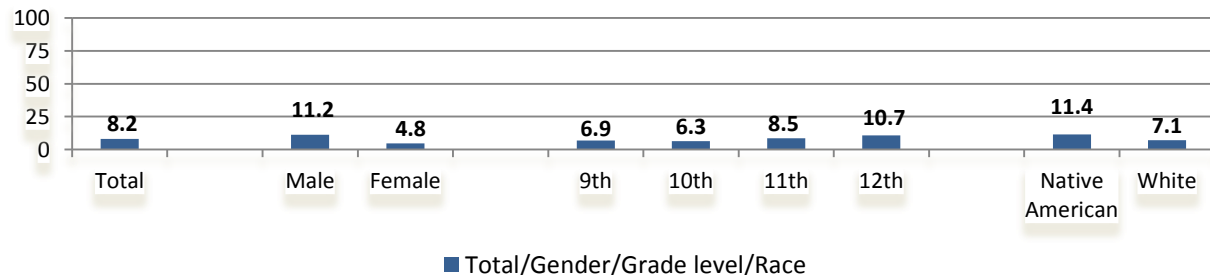
SEAT BELT USE – RIDER

Statewide, 9.5 percent of Montana students never or rarely wore a seat belt when riding in a car driven by someone else.



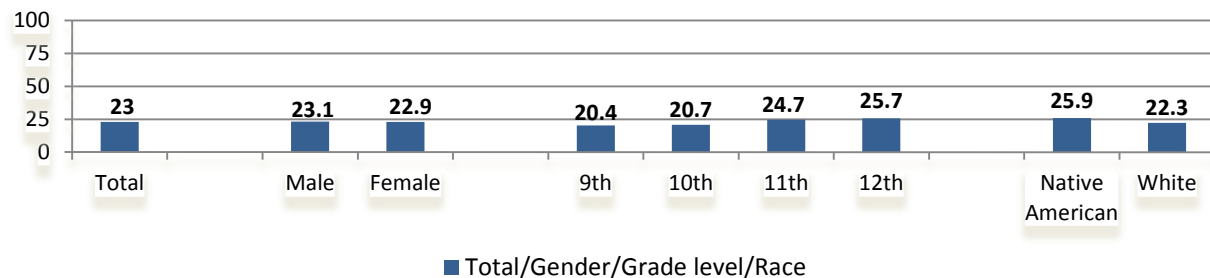
SEAT BELT USE – DRIVER

Among Montana students who drive a car, 8.2 percent never or rarely wear a seat belt when driving.



RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL

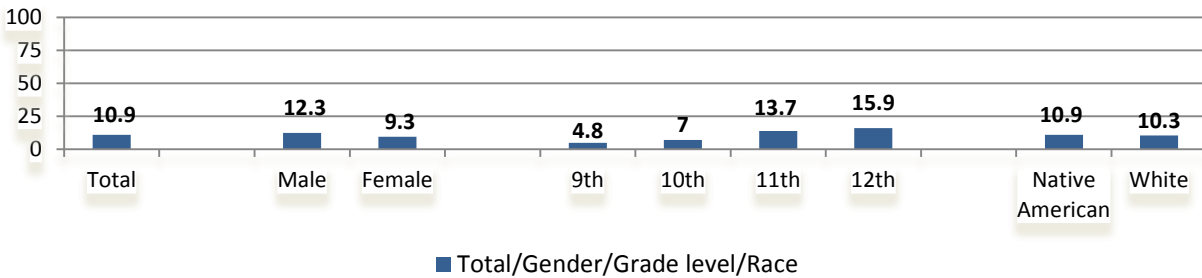
During the past 30 days, 23.0 percent of students rode one or more times in a car or other vehicle driven by someone who had been drinking alcohol.



Unintentional Injuries and Violence

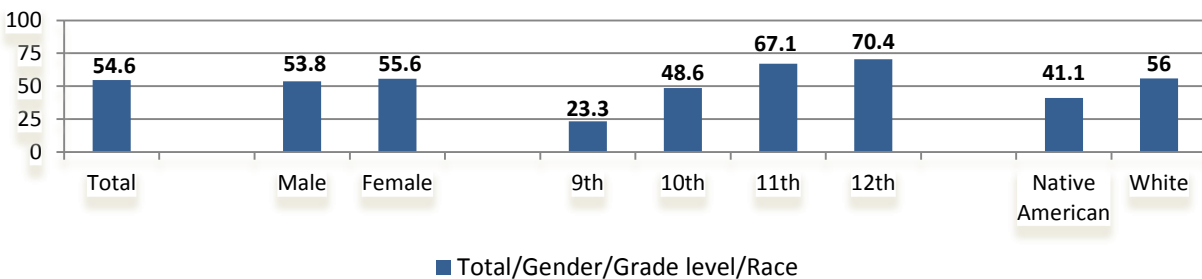
DROVE WHEN DRINKING ALCOHOL

Among students who drove a car or other vehicle during the past 30 days, 10.9 percent drove when they had been drinking alcohol one or more times during the past 30 days.



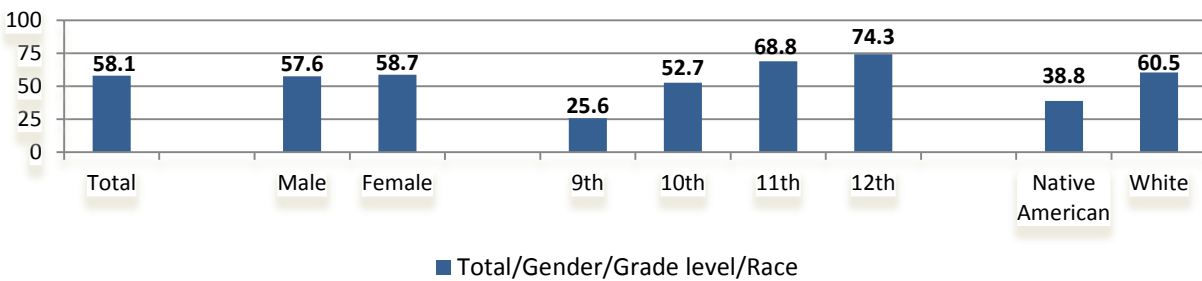
TEXTING AND DRIVING

Among Montana students who drove a car or other vehicle during the past 30 days, 54.6 percent texted or e-mailed while driving.



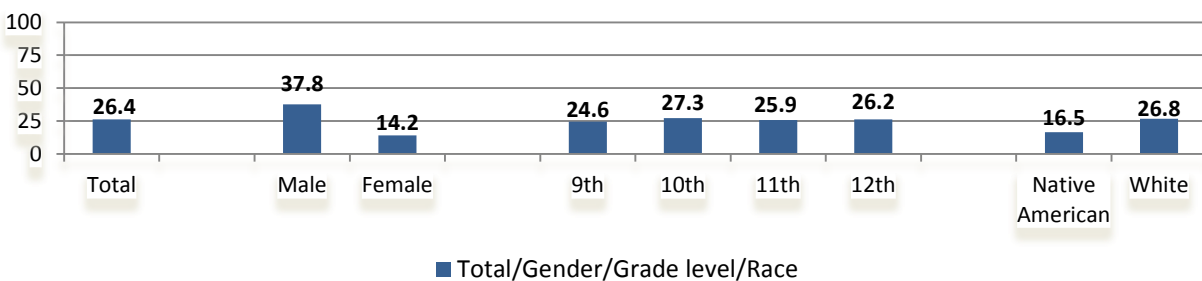
CELL PHONE USE AND DRIVING

Among students who drove a car or other vehicle during the past 30 days, 58.1 percent talked on a cell phone while driving.



CARRIED A WEAPON

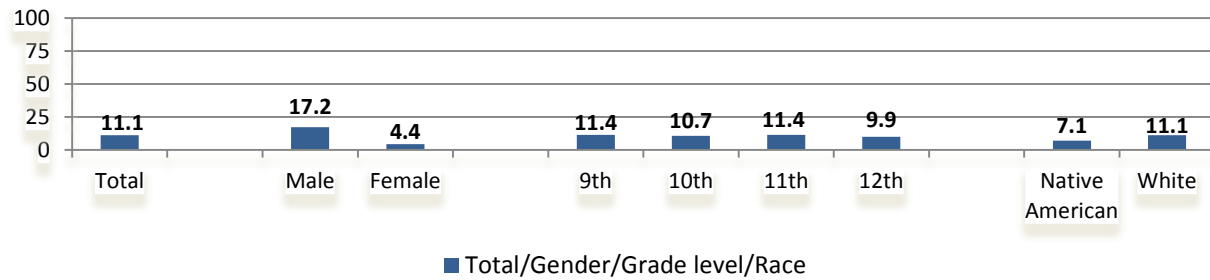
Statewide, 26.4 percent of Montana students carried a weapon such as a gun, knife, or club on one or more of the past 30 days.



Unintentional Injuries and Violence

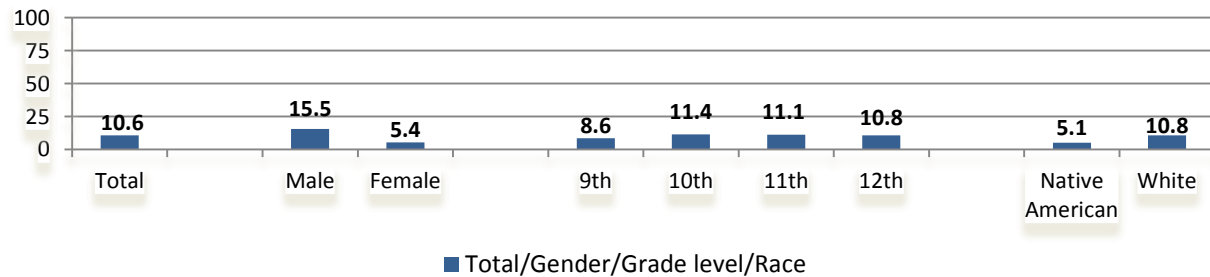
CARRIED A GUN

During the past 30 days, 11.1 percent of Montana students carried a gun on one or more days.



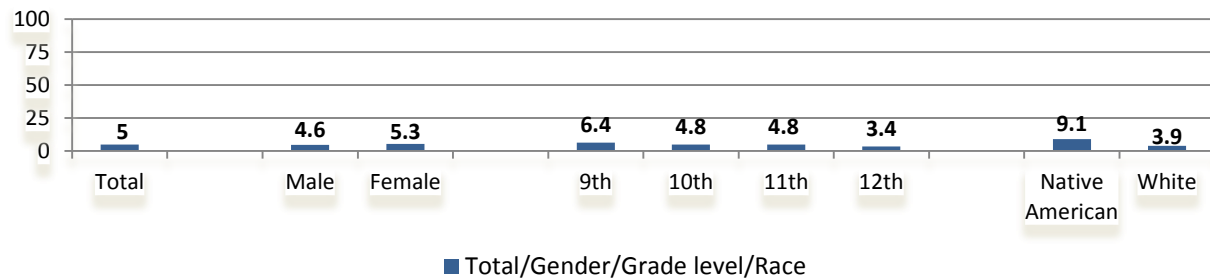
CARRIED A WEAPON ON SCHOOL PROPERTY

Statewide, 10.6 percent of Montana students carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days.



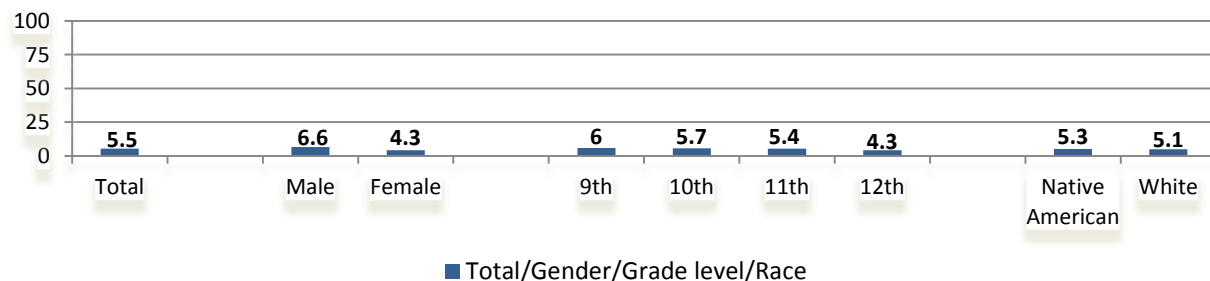
DID NOT GO TO SCHOOL BECAUSE OF SAFETY CONCERNS

During the past 30 days, 5.0 percent of Montana students did not go to school on one or more days because they felt they would be unsafe at school or on their way to or from school.



THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY

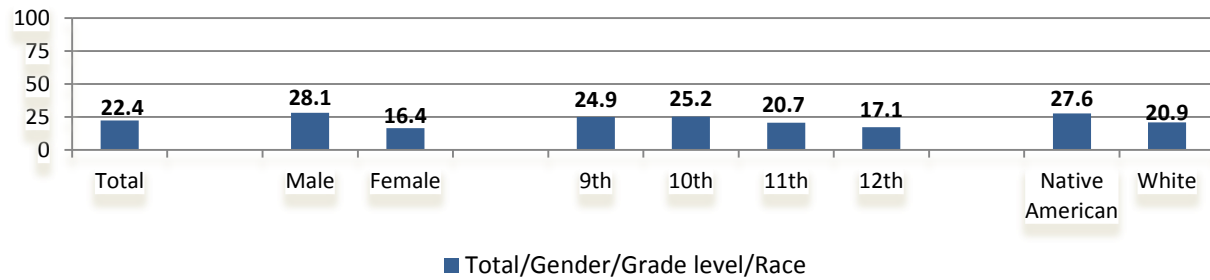
During the past 12 months, 5.5 percent of students had been threatened or injured, one or more times, with a weapon such as a gun, knife, or club on school property.



Unintentional Injuries and Violence

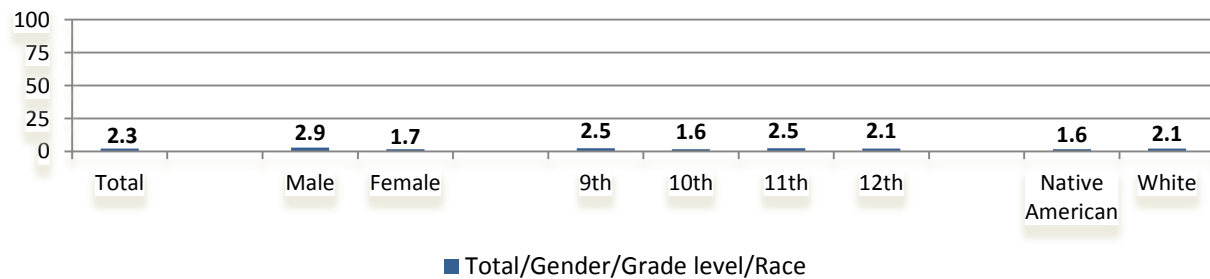
IN A PHYSICAL FIGHT

Statewide, 22.4 percent of Montana students were in a physical fight one or more times during the past 12 months.



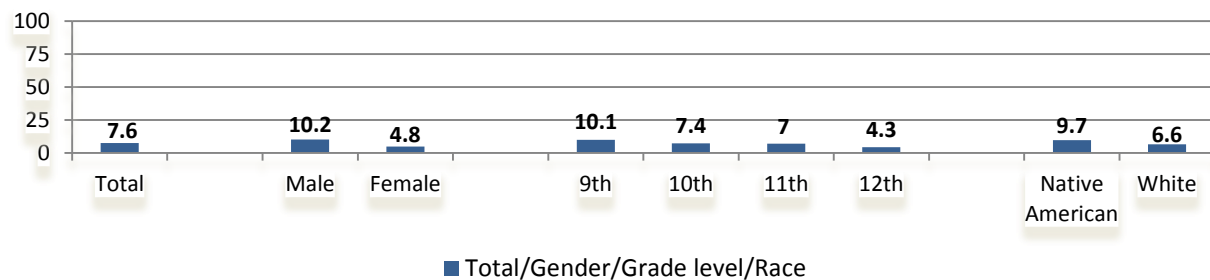
INJURED IN A PHYSICAL FIGHT

During the past 12 months, 2.3 percent of students were in a physical fight in which they were injured and had to be treated by a doctor or nurse.



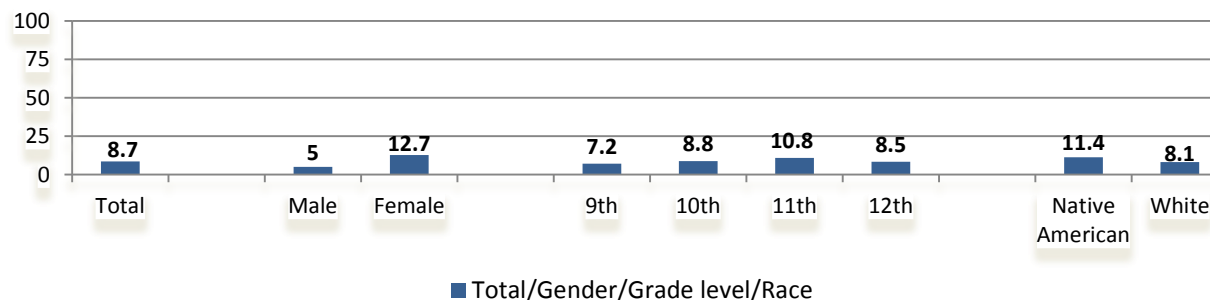
IN A PHYSICAL FIGHT ON SCHOOL PROPERTY

In Montana high schools, 7.6 percent of students were in a physical fight on school property one or more times during the past 12 months.



FORCED SEXUAL INTERCOURSE

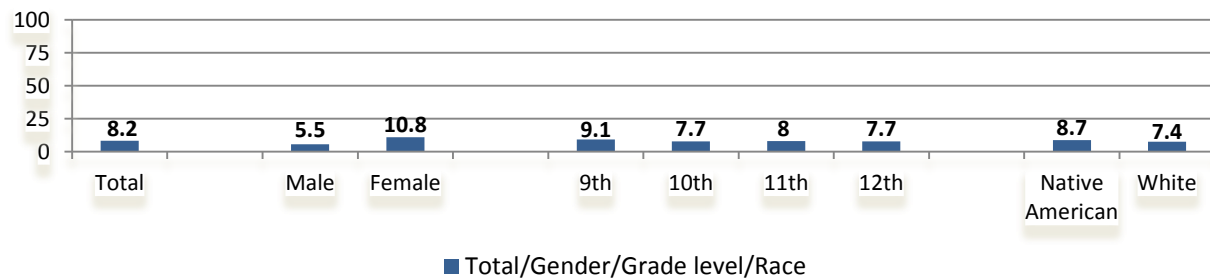
Statewide, 8.7 percent of Montana students had ever been physically forced to have sexual intercourse when they did not want to.



Unintentional Injuries and Violence

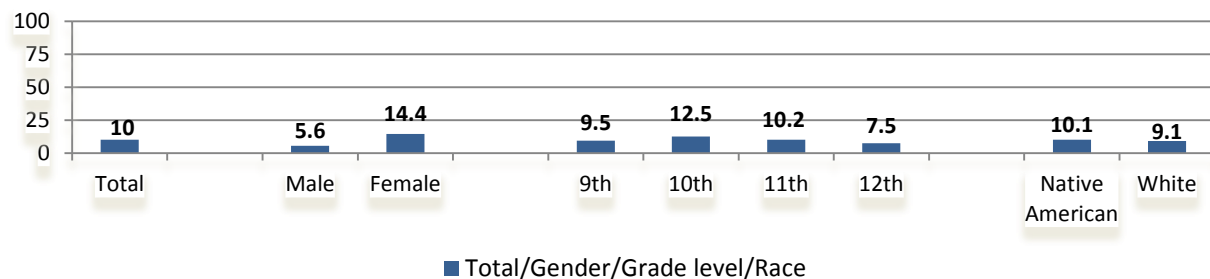
DATING VIOLENCE

Among students who dated or went out with someone during the past 12 months, 8.2 percent had been physically hurt on purpose by someone they were dating or going out with one or more times during the past 12 months.



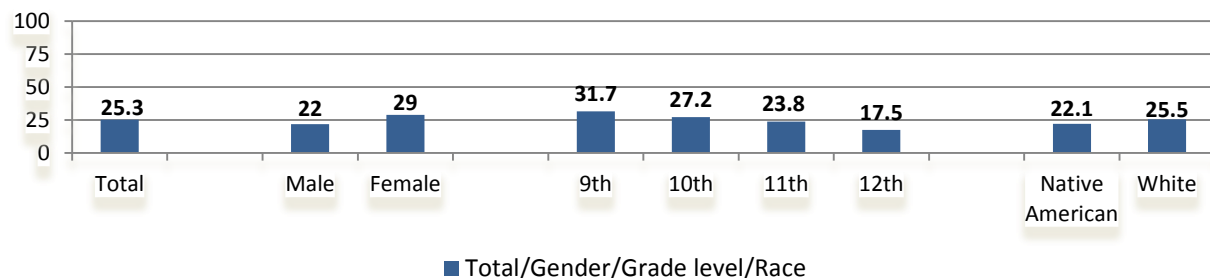
DATING AND SEXUAL VIOLENCE

Among dating students, 10.0 percent had been forced by someone they were dating or going out with to do sexual things that they did not want to one or more times during the past 12 months.



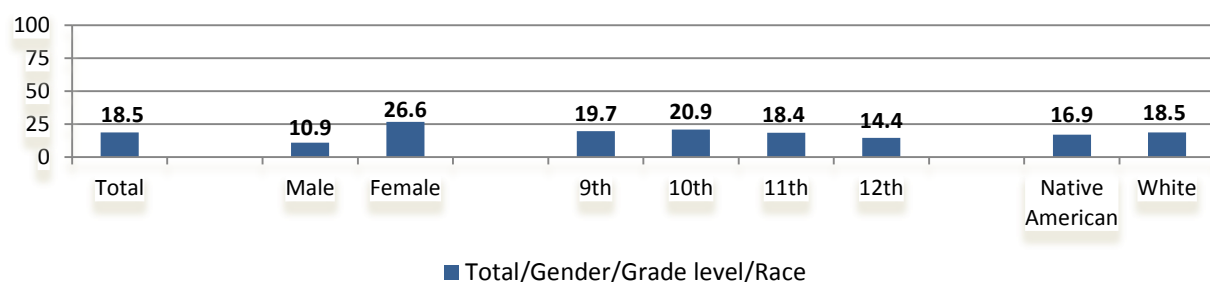
BULLIED ON SCHOOL PROPERTY

During the past 12 months, 25.3 percent of students had been bullied on school property.



ELECTRONIC BULLYING

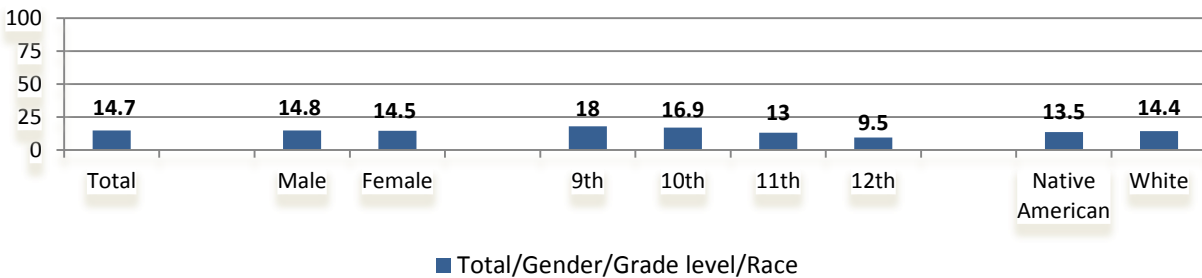
Statewide, 18.5 percent of Montana students had been electronically bullied during the past 12 months.



Unintentional Injuries and Violence

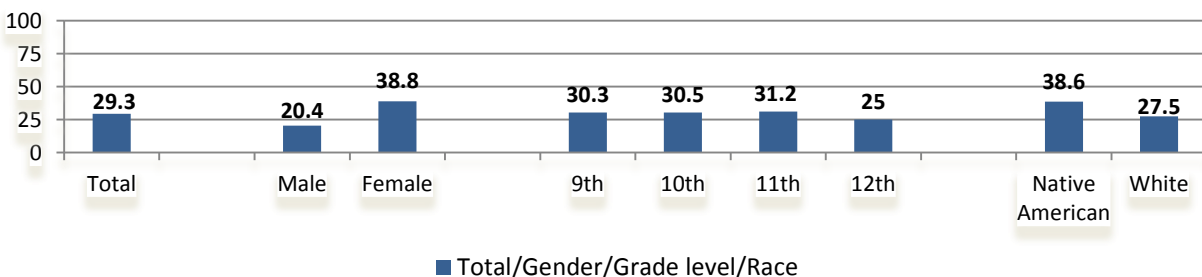
BULLYING AND SEXUAL ORIENTATION

During the past 12 months, 14.7 percent of students have been the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual.



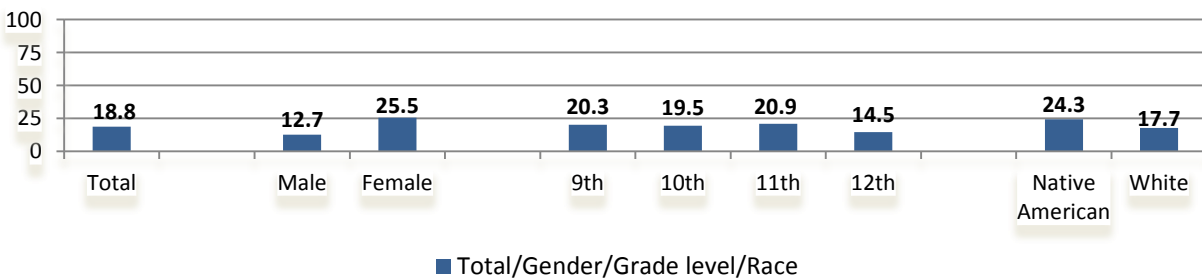
FELT SAD OR HOPELESS

During the past 12 months, 29.3 percent of students felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities.



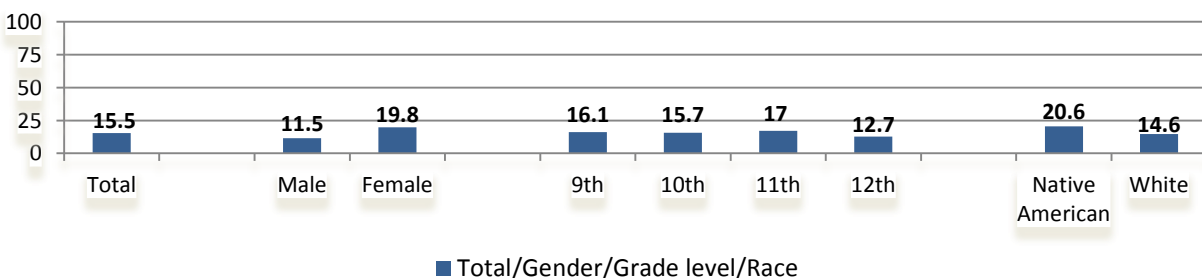
SERIOUSLY CONSIDERED SUICIDE

During the past 12 months, 18.8 percent of students seriously considered attempting suicide.



MADE A SUICIDE PLAN

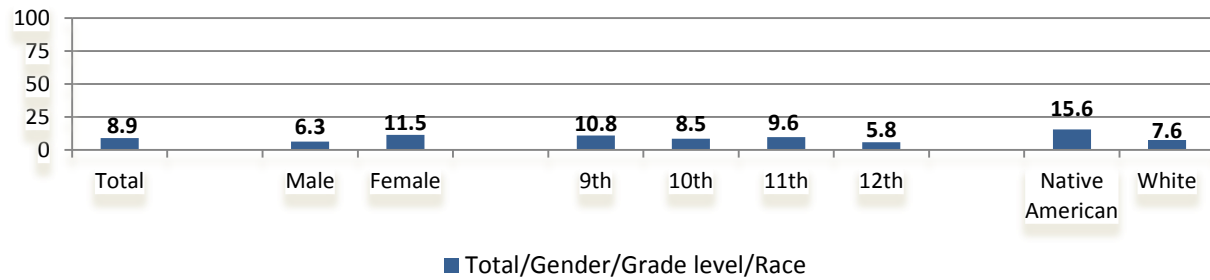
During the past 12 months, 15.5 percent of students made a plan about how they would attempt suicide.



Unintentional Injuries and Violence

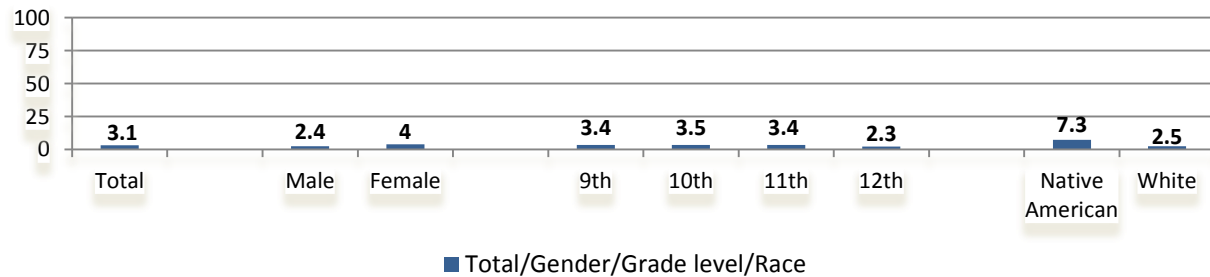
ATTEMPTED SUICIDE

During the past 12 months, 8.9 percent of students actually attempted suicide one or more times.



SUICIDE ATTEMPT TREATED BY A DOCTOR OR NURSE

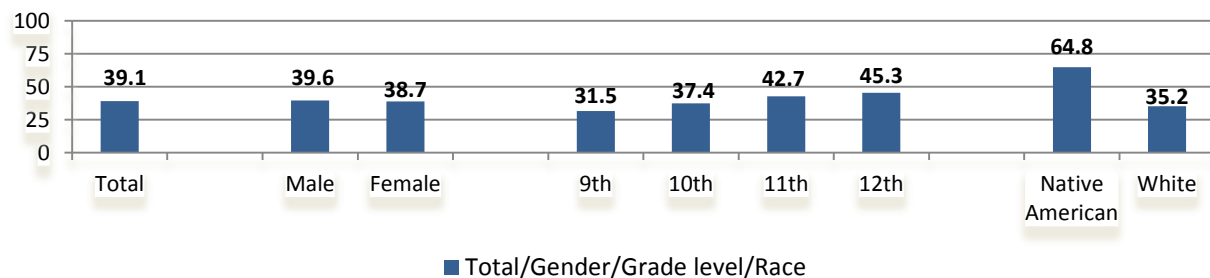
Statewide, 3.1 percent of students made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse.



Tobacco Use

LIFETIME CIGARETTE USE

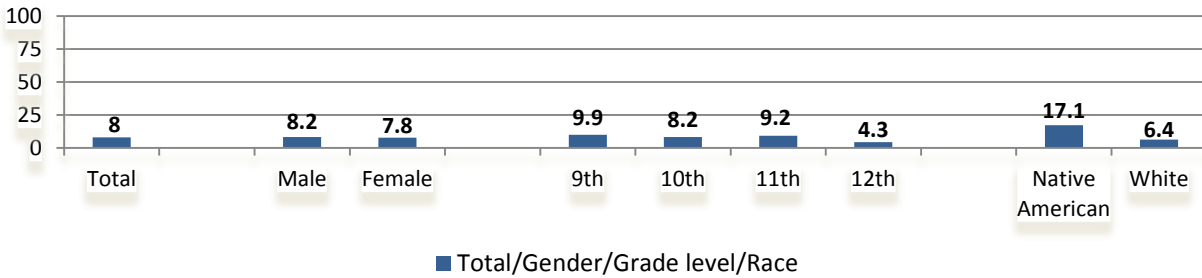
Statewide, 39.1 percent of students had ever tried cigarette smoking (even one or two puffs).



Tobacco Use

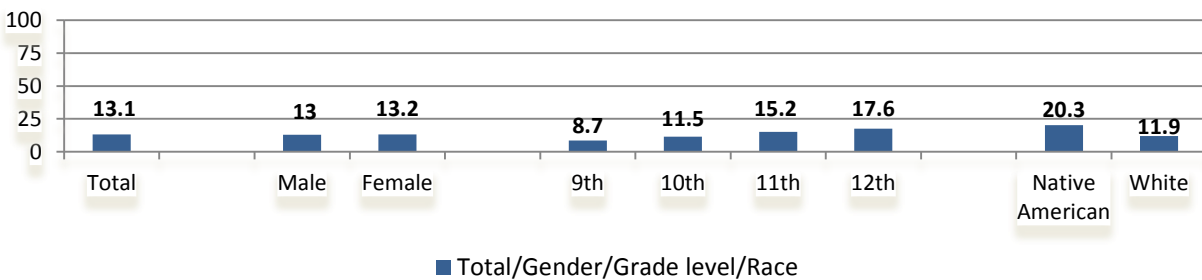
SMOKED A WHOLE CIGARETTE BEFORE AGE 13 YEARS

Statewide, 8.0 percent of students smoked a whole cigarette for the first time before age 13 years.



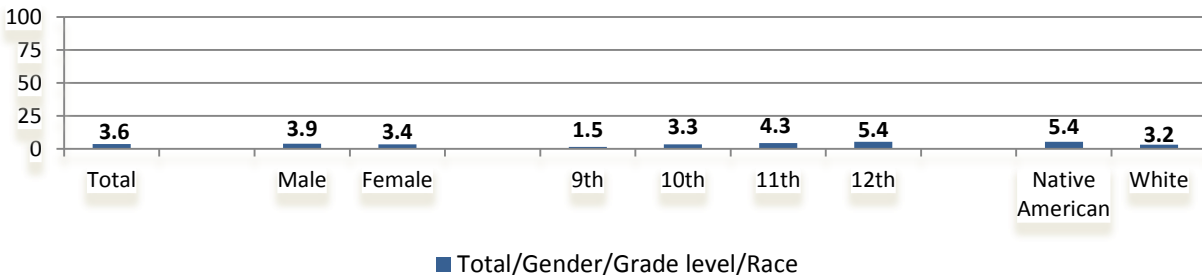
CURRENT SMOKER

Statewide, 13.1 percent of students smoked cigarettes on one or more of the past 30 days.



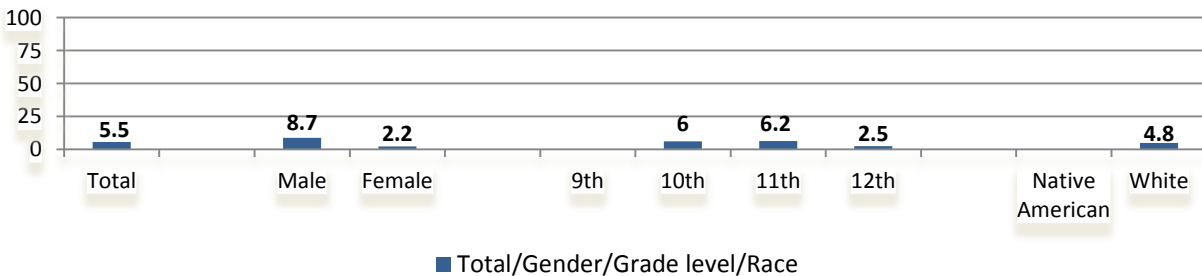
FREQUENT SMOKER

Statewide, 3.6 percent of students had smoked cigarettes on 20 or more of the past 30 days.



SMOKED MORE THAN 10 CIGARETTES PER DAY

Among students who reported current cigarette use, 5.5 percent smoked more than 10 cigarettes per day on the days they smoked during the past 30 days.

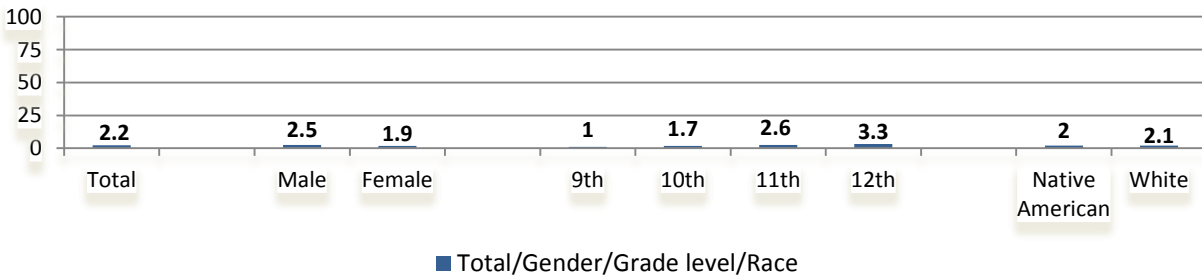


Missing bar indicates fewer than 100 students in this subgroup

Tobacco Use

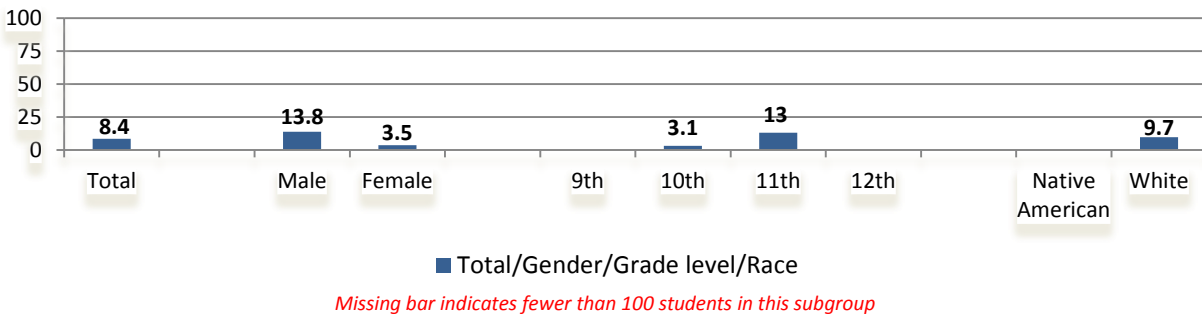
DAILY SMOKER

Statewide, 2.2 percent of students had smoked a cigarette on each of the past 30 days.



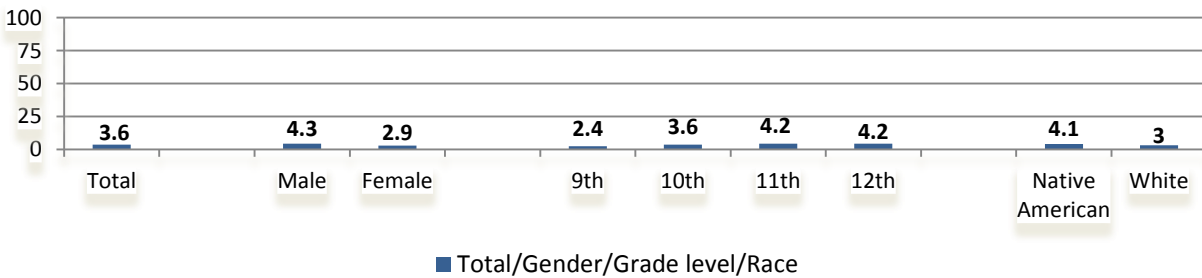
BOUGHT CIGARETTES IN A STORE OR GAS STATION

Among students who were less than 18 years of age and who reported current cigarette use, 8.4 percent usually got their own cigarettes by buying them in a store or gas station during the past 30 days.



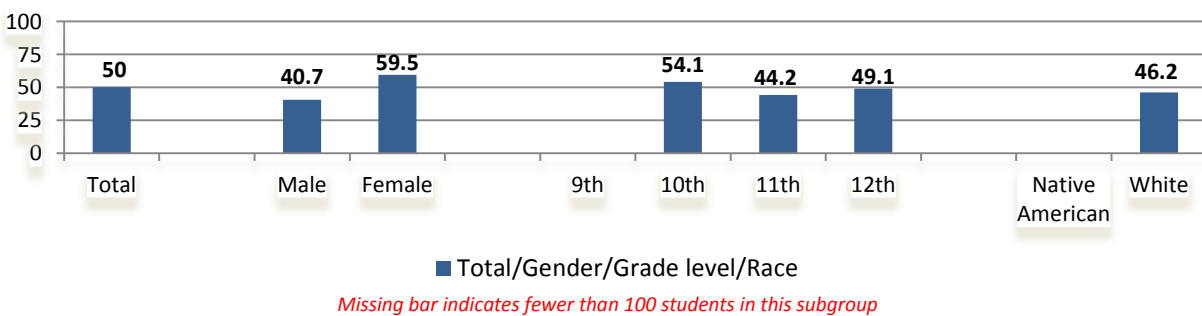
SMOKED CIGARETTES ON SCHOOL PROPERTY

Of Montana high school students, 3.6 percent smoked cigarettes on school property on one or more of the past 30 days.



TRIED TO QUIT SMOKING CIGARETTES

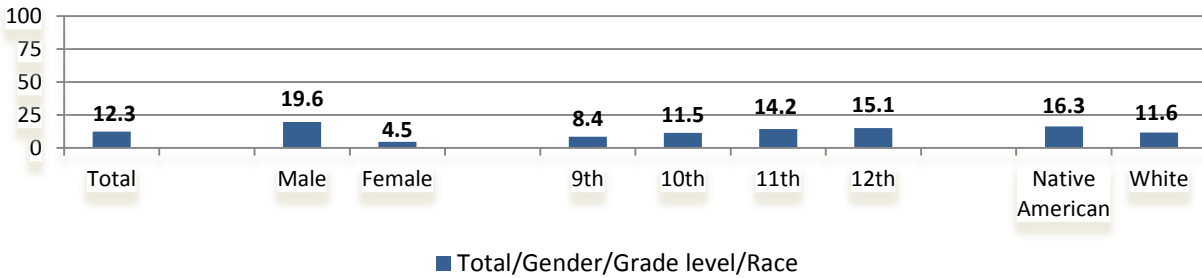
Among students who reported current cigarette use, 50.0 percent tried to quit smoking cigarettes during the past 12 months.



Tobacco Use

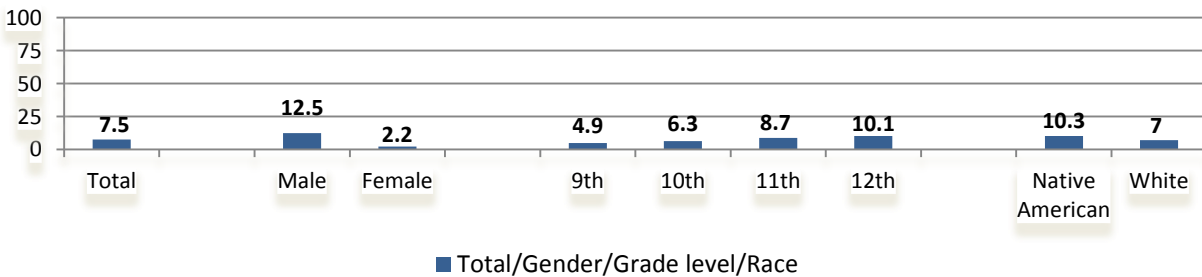
CURRENT SMOKELESS TOBACCO USE

Among Montana high school students, 12.3 percent used chewing tobacco, snuff, or dip on one or more of the past 30 days.



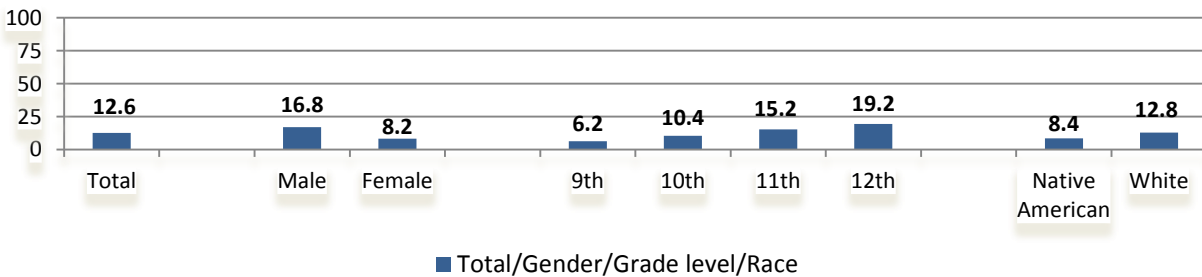
SMOKELESS TOBACCO USE ON SCHOOL PROPERTY

Among Montana high school students, 7.5 percent used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days.



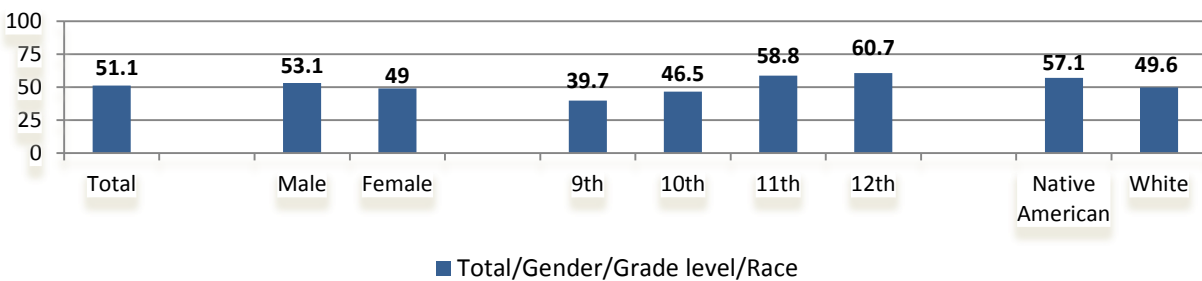
CURRENT CIGAR USE

During the past 30 days, 12.6 percent of Montana high school students smoked cigars, cigarillos, or little cigars.



LIFETIME ELECTRONIC VAPOR PRODUCT USE

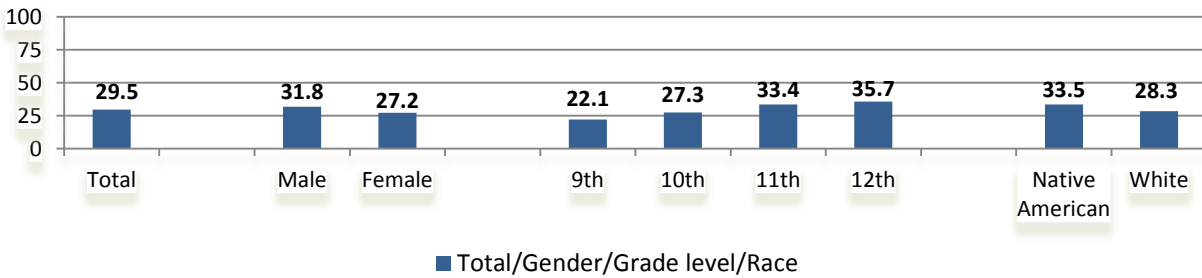
Statewide, 51.1 percent of students had ever used electronic vapor products (e-cigarettes, e-cigars, vape pipes, vaping pens, e-hookahs, and hookah pens such as blu, NJOY, or Starbuzz).



Tobacco Use

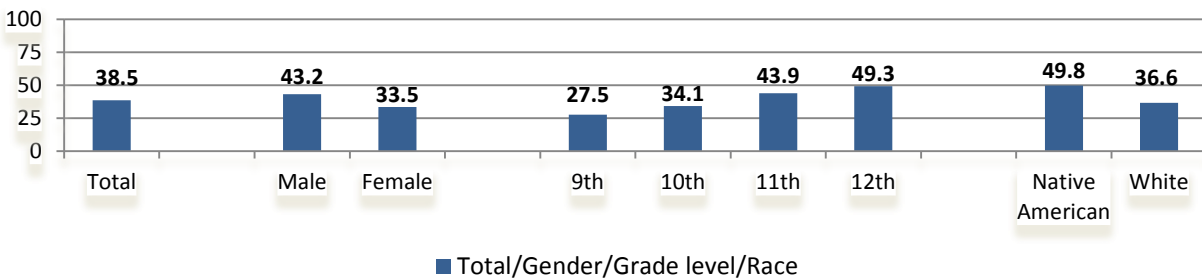
CURRENT ELECTRONIC VAPOR PRODUCT USE

During the past 30 days, 29.5 percent of students used electronic vapor products (e-cigarettes, e-cigars, vape pipes, vaping pens, e-hookahs, and hookah pens such as blu, NJOY, or Starbuzz).



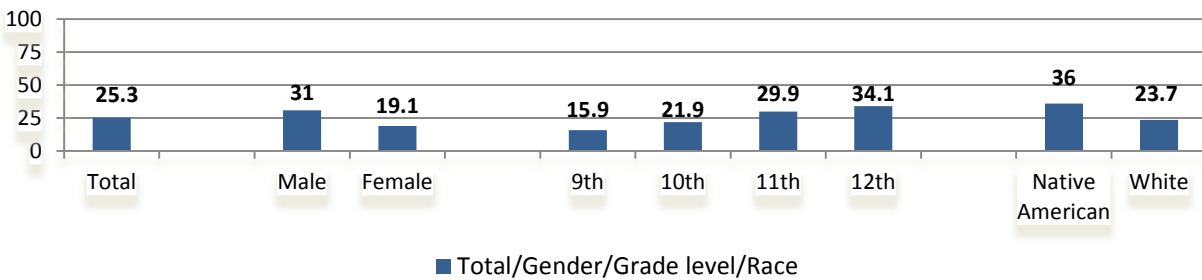
CURRENT TOBACCO USE

During the past 30 days, 38.5 percent of Montana high school students had used a form of tobacco – cigarette, smokeless tobacco, cigar, or electronic vapor product.



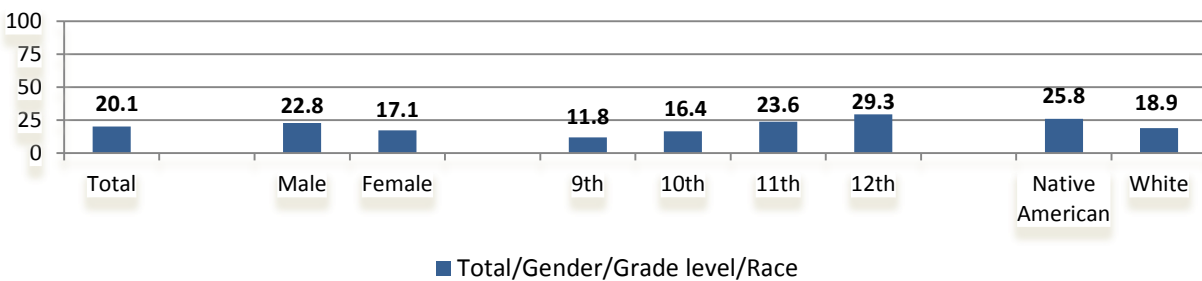
CURRENT CIGARETTE, CIGAR OR SMOKELESS TOBACCO USE

During the past 30 days, 25.3 percent of Montana high school students had used either cigarettes, cigars, or smokeless tobacco.



CURRENT CIGARETTE OR CIGAR USE

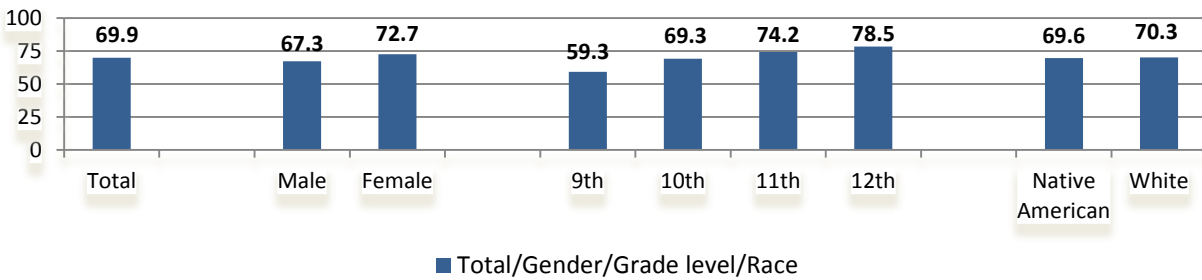
During the past 30 days, 20.1 percent of Montana high school students had smoked cigarettes or cigars.



Alcohol and Other Drug Use

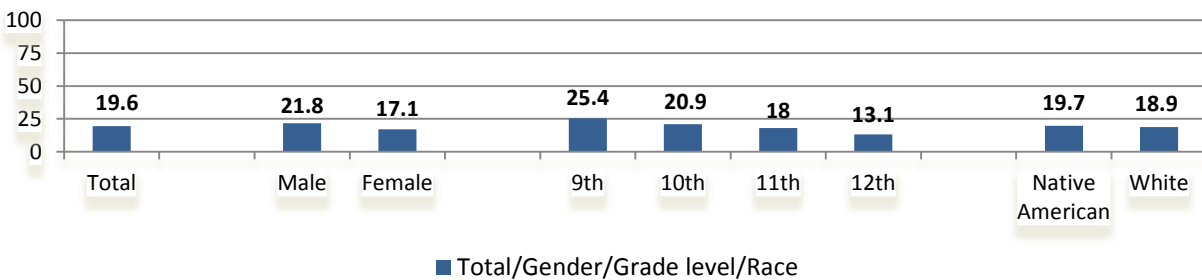
LIFETIME ALCOHOL USE

Statewide, 69.9 percent of students have had at least one drink of alcohol on one or more days during their life.



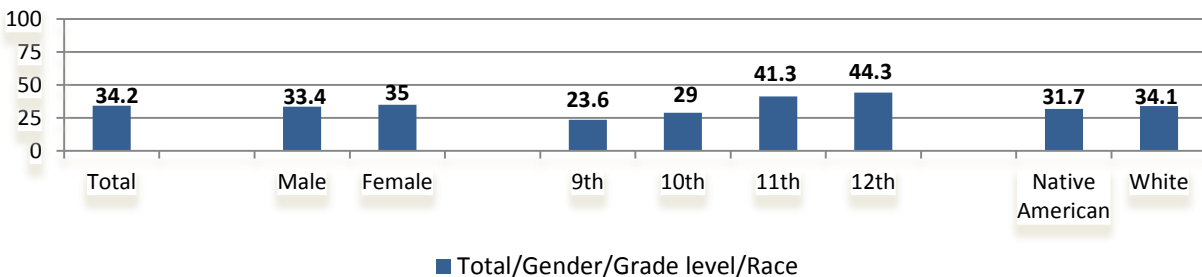
DRANK ALCOHOL BEFORE AGE 13 YEARS

Statewide, 19.6 percent of students had their first drink of alcohol other than a few sips before age 13 years.



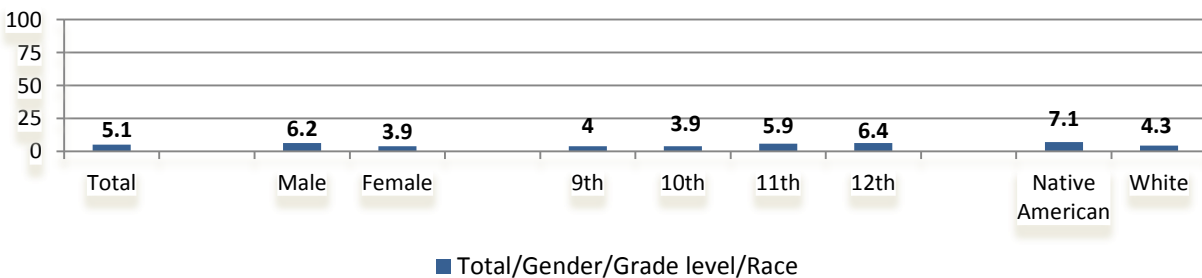
CURRENT ALCOHOL USE

Statewide, 34.2 percent of students had at least one drink of alcohol on one or more of the past 30 days.



ALCOHOL USE ON SCHOOL PROPERTY

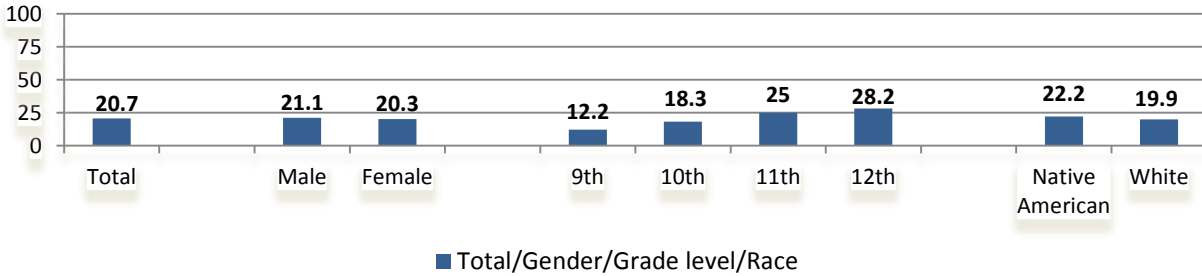
Among Montana high school students, 5.1 percent had at least one drink of alcohol on school property on one or more of the past 30 days.



Alcohol and Other Drug Use

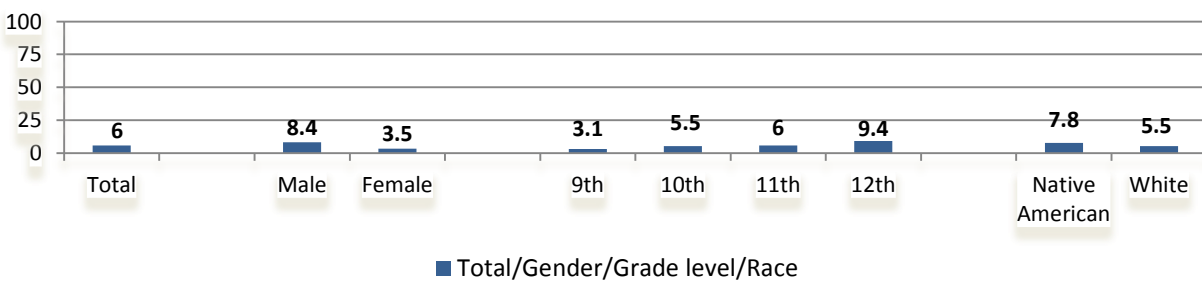
BINGE DRINKING

During the past 30 days, 20.7 percent of students had five or more drinks of alcohol in a row; that is, within a couple of hours.



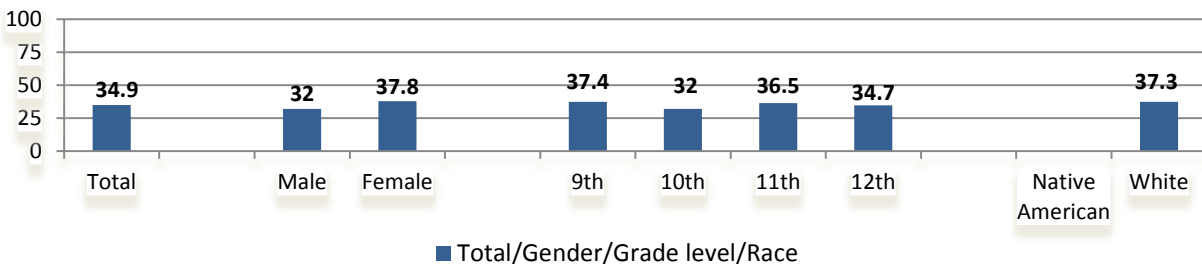
10 OR MORE DRINKS OF ALCOHOL

Statewide, 6.0 percent of students had ten or more drinks of alcohol in a row; that is, within a couple of hours during the past 30 days.



OBTAINED ALCOHOL FROM SOMEONE

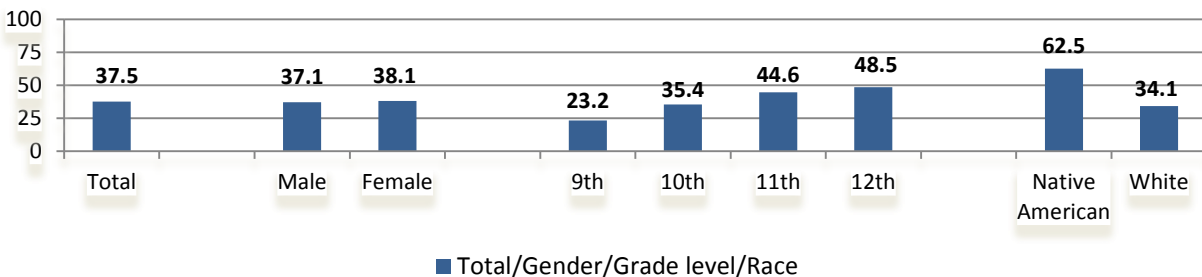
Among students who reported current alcohol use, 34.9 percent usually got the alcohol they drank from someone who gave it to them during the past 30 days.



Missing bar indicates fewer than 100 students in this subgroup

LIFETIME MARIJUANA USE

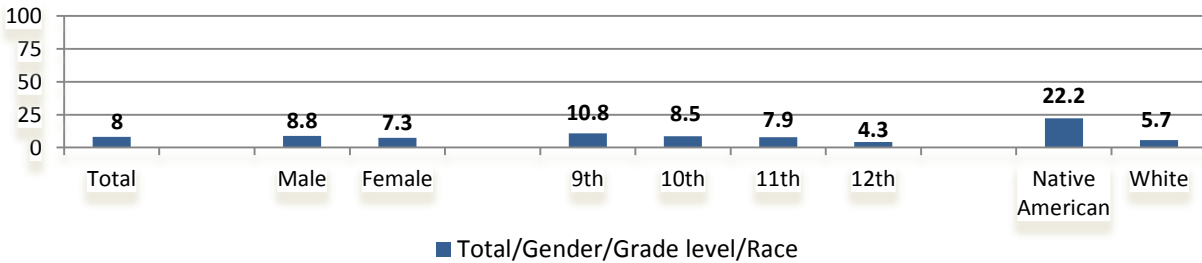
Statewide, 37.5 percent of students had used marijuana one or more times during their life.



Alcohol and Other Drug Use

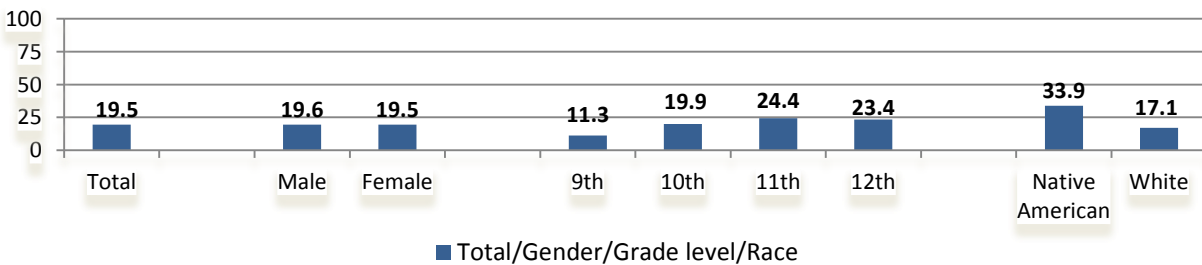
TRIED MARIJUANA BEFORE AGE 13 YEARS

Statewide, 8.0 percent of students had tried marijuana for the first time before age 13 years.



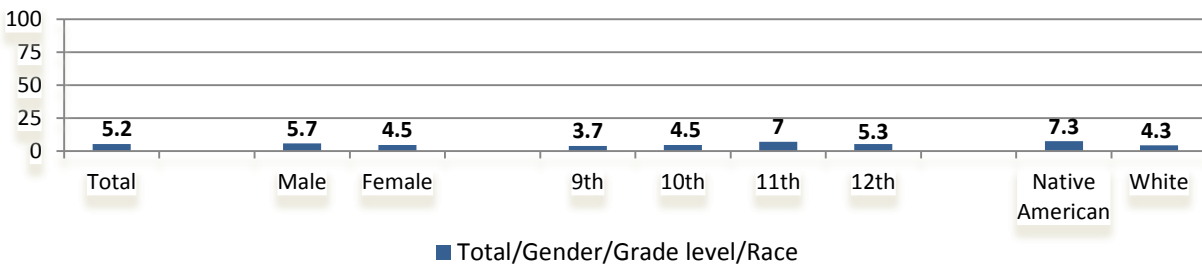
CURRENT MARIJUANA USE

During the past 30 days, 19.5 percent of Montana high school students used marijuana one or more times.



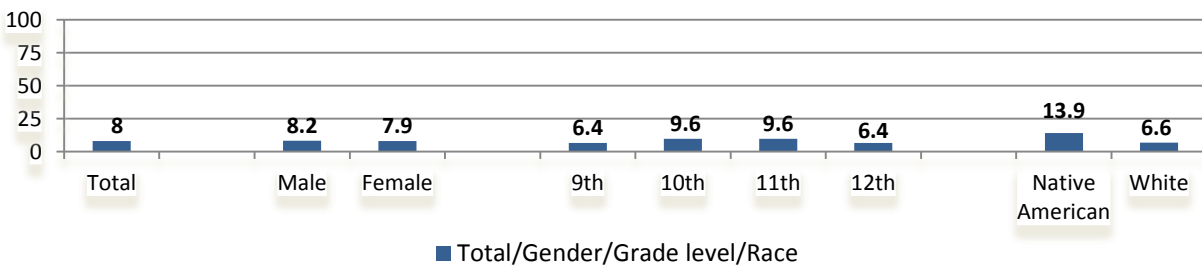
LIFETIME COCAINE USE

Statewide, 5.2 percent of students used any form of cocaine, including powder, crack, or freebase one or more times during their life.



LIFETIME INHALANT USE

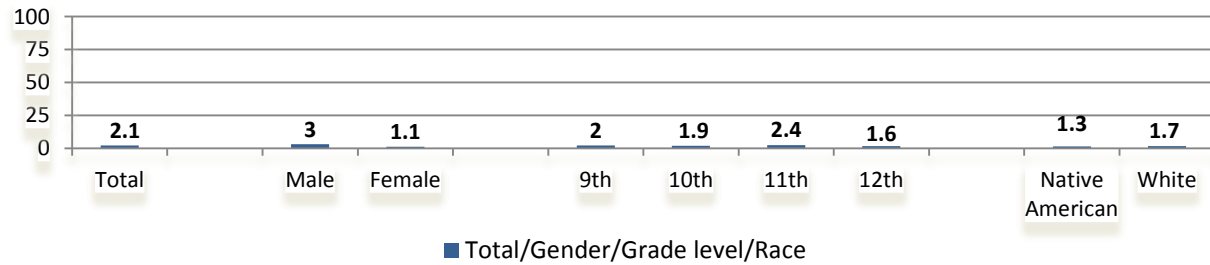
Statewide, 8.0 percent of students sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life.



Alcohol and Other Drug Use

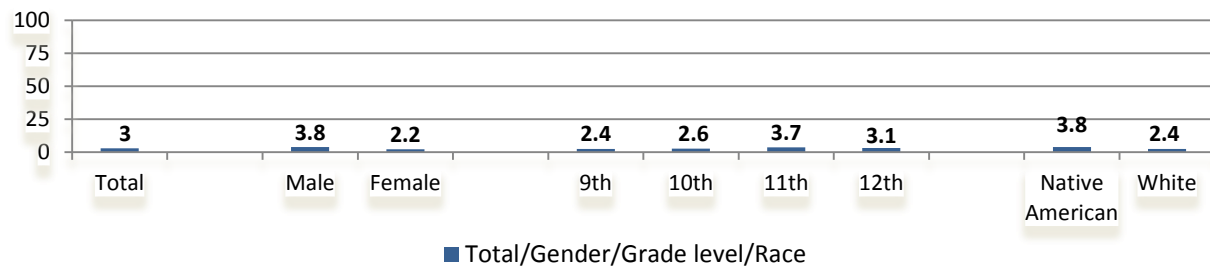
LIFETIME HEROIN USE

Statewide, 2.1 percent of students used heroin one or more times during their life.



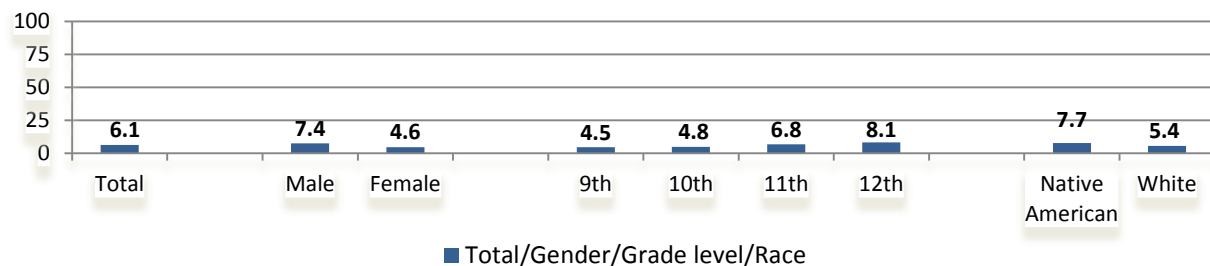
LIFETIME METHAMPHETAMINE USE

Statewide, 3.0 percent of students had used methamphetamines one or more times during their life.



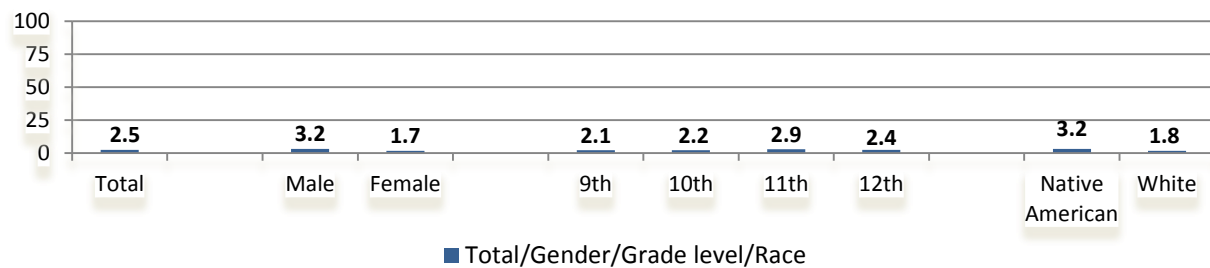
LIFETIME ECSTASY USE

Statewide, 6.1 percent of students used ecstasy one or more times during their life.



LIFETIME STEROID USE

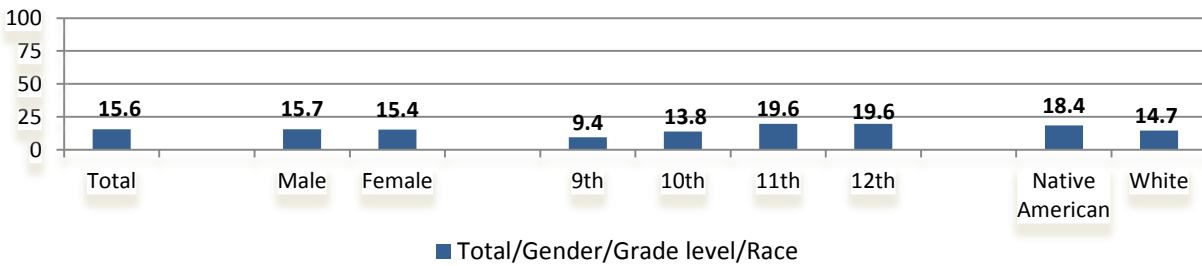
Statewide, 2.5 percent of students took steroid pills or shots without a doctor's prescription one or more times during their life.



Alcohol and Other Drug Use

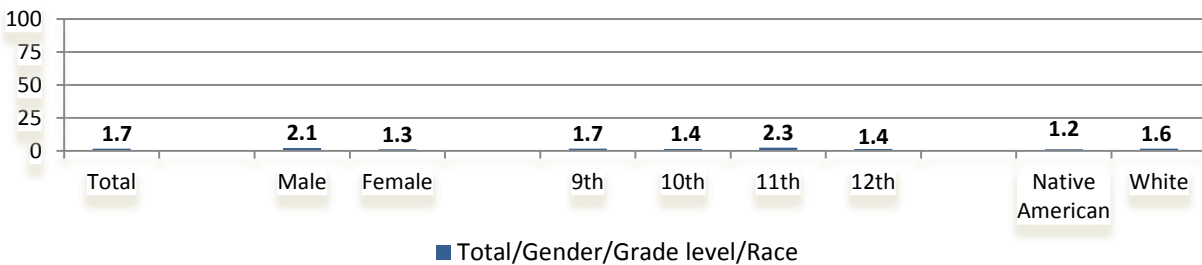
ILLEGAL PRESCRIPTION DRUG USE

Statewide, 15.6 percent of students have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription one or more times during their life.



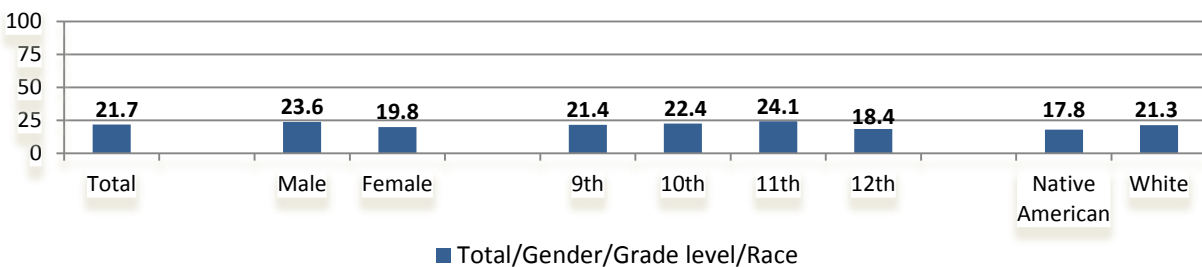
LIFETIME INJECTING DRUG USE

Statewide, 1.7 percent of students used a needle to inject any illegal drug into their body one or more times during their life.



OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG ON SCHOOL PROPERTY

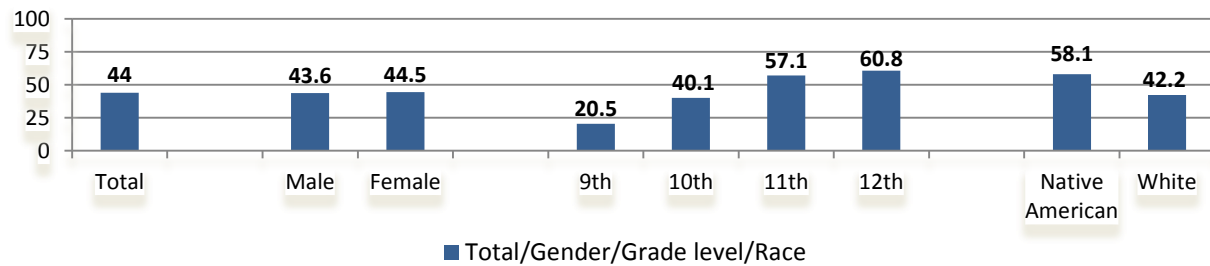
Statewide, 21.7 percent of students were offered, sold, or given an illegal drug by someone on school property during the past 12 months.



Sexual Behaviors

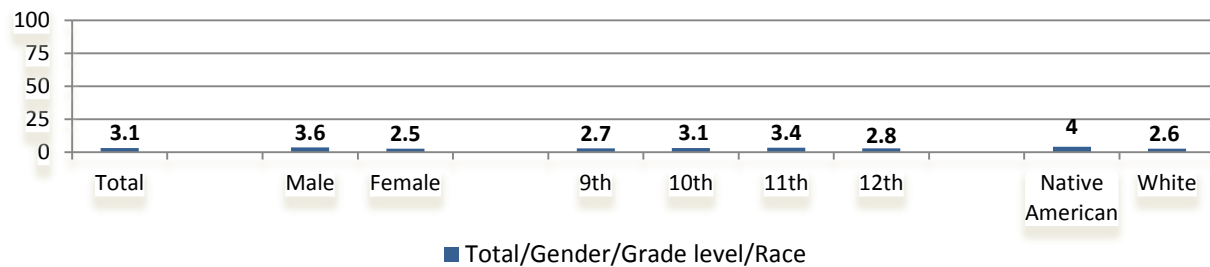
LIFETIME SEXUAL INTERCOURSE

Statewide, 44.0 percent of students have ever had sexual intercourse during their life.



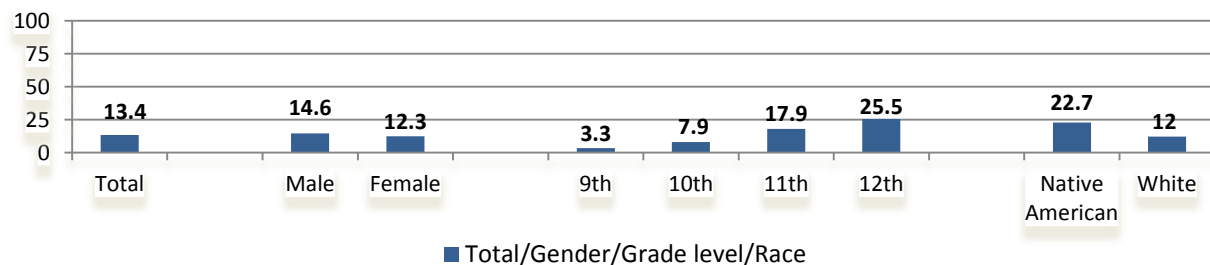
SEXUAL INTERCOURSE BEFORE AGE 13 YEARS

Statewide, 3.1 percent of students had sexual intercourse for the first time before age 13 years.



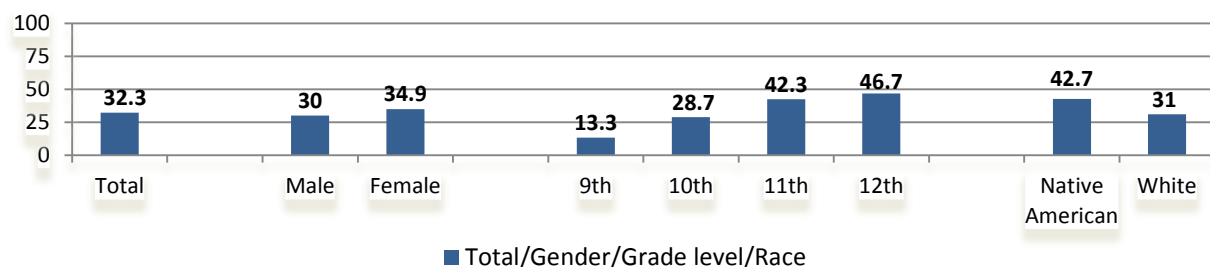
MULTIPLE SEXUAL PARTNERS

Among Montana high school students, 13.4 percent had sexual intercourse with four or more people during their life.



CURRENTLY SEXUALLY ACTIVE

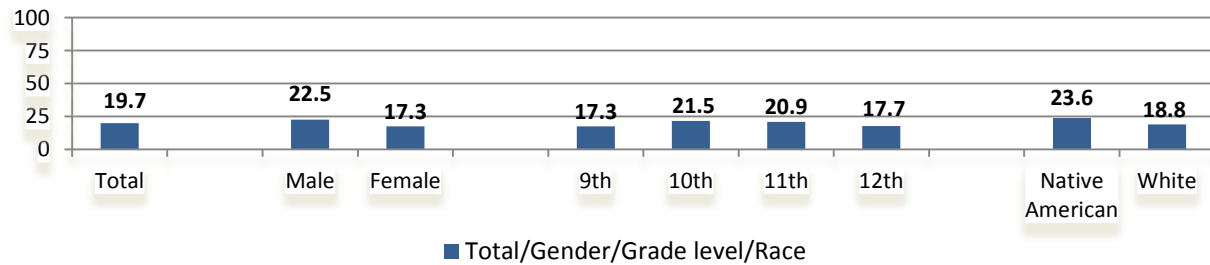
During the past three months, 32.3 percent of students had sexual intercourse with one or more people.



Sexual Behaviors

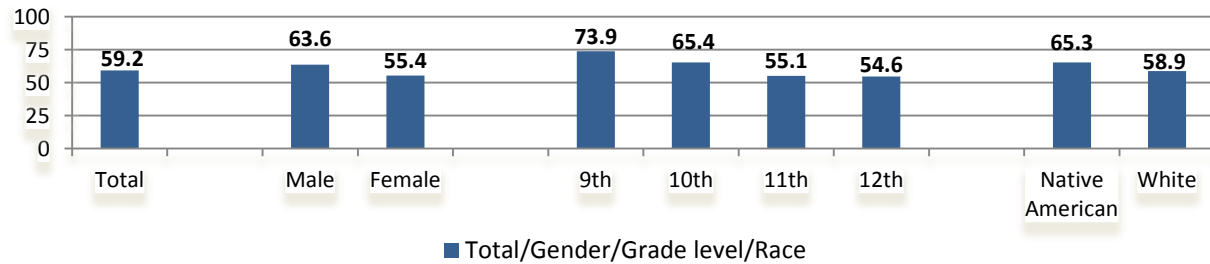
DRANK ALCOHOL OR USED DRUGS BEFORE LAST SEXUAL INTERCOURSE

Among students who had sexual intercourse during the past three months, 19.7 percent drank alcohol or used drugs before last sexual intercourse.



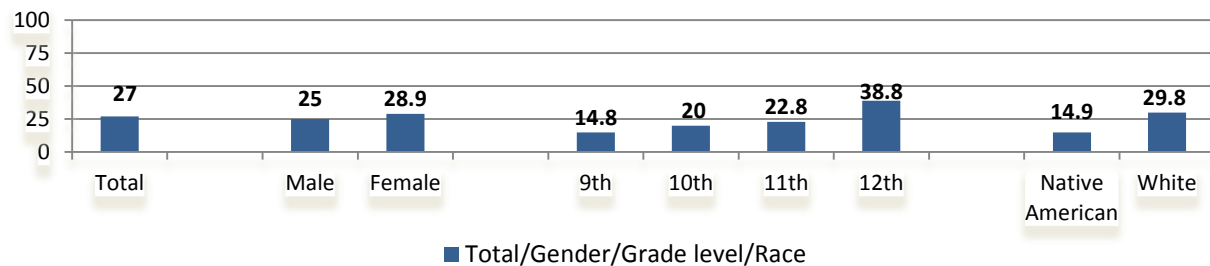
CONDOM USE

Among currently sexually active students, 59.2 percent used a condom during last sexual intercourse.



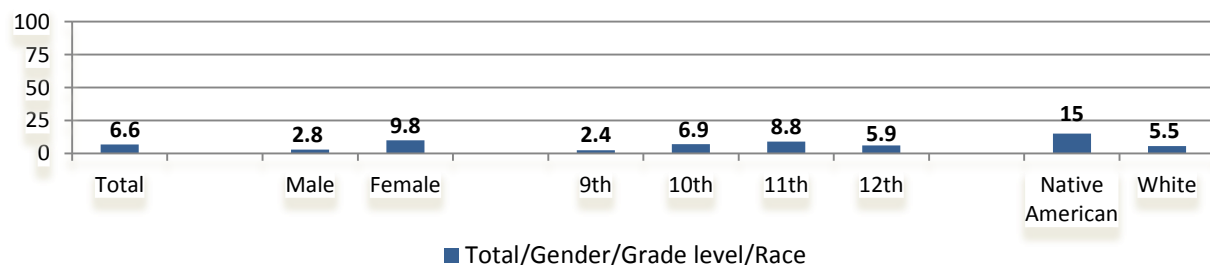
BIRTH CONTROL PILL USE

Among currently sexually active students, 27.0 percent used birth control pills to prevent pregnancy before last sexual intercourse.



CONTRACEPTIVE USE

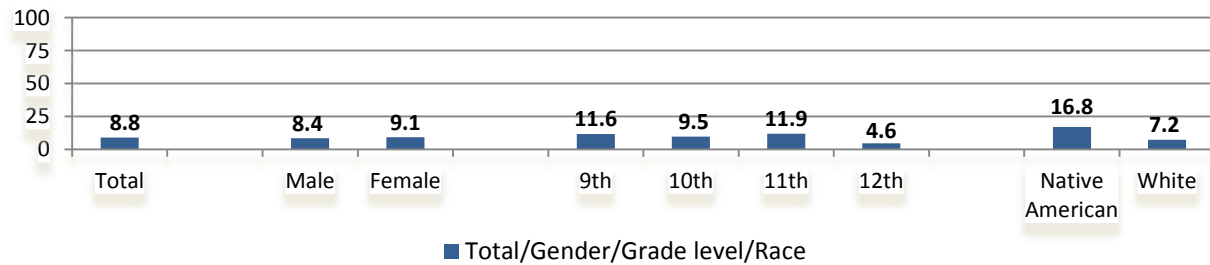
Among currently sexually active students, 6.6 percent used a shot, patch, or birth control ring to prevent pregnancy before last sexual intercourse.



Sexual Behaviors

NO METHOD OF BIRTH CONTROL USED

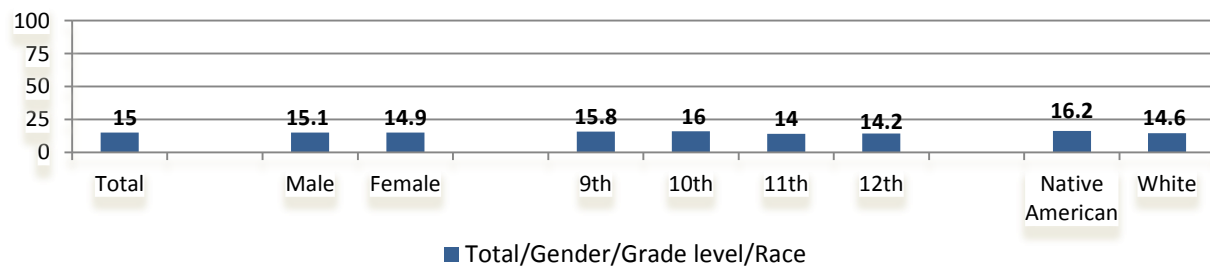
Among currently sexually active students, 8.8 percent used no method of birth control to prevent pregnancy before last sexual intercourse.



Dietary Behaviors and Nutrition

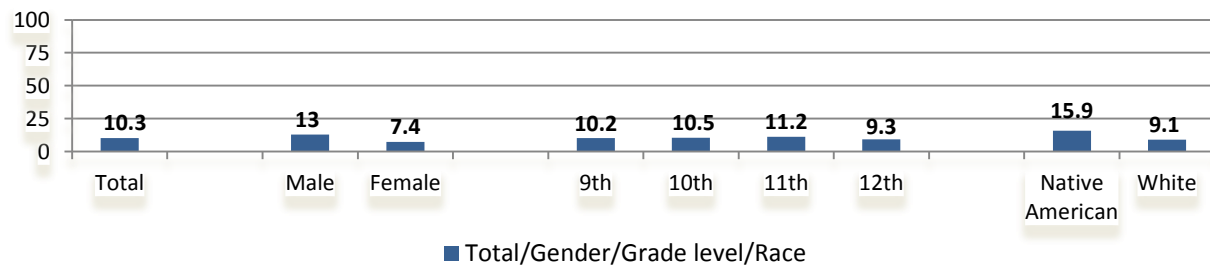
OVERWEIGHT

Statewide, 15.0 percent of students were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex).



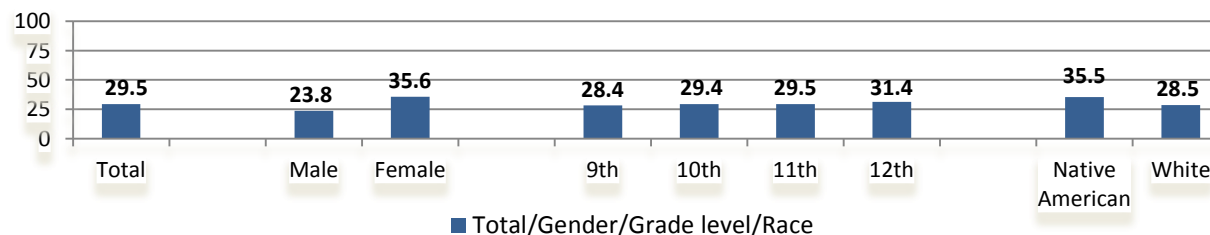
OBESITY

Statewide, 10.3 percent of students were obese (i.e., at or above the 95th percentile for body mass index, by age and sex).



DESCRIBED THEMSELVES AS OVERWEIGHT

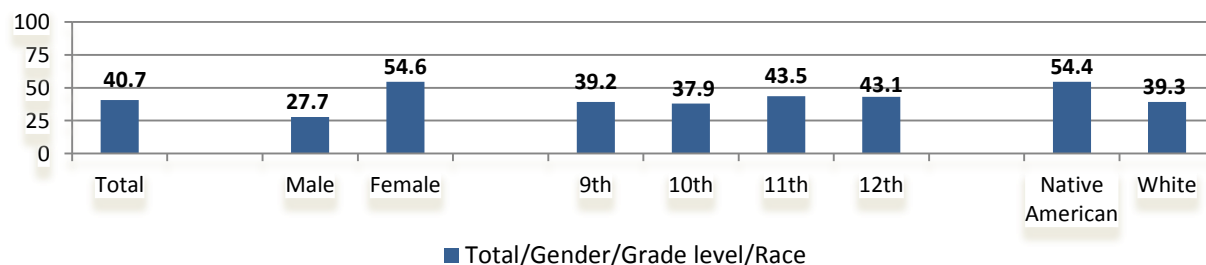
Statewide, 29.5 percent of students described themselves as slightly or very overweight.



Dietary Behaviors and Nutrition

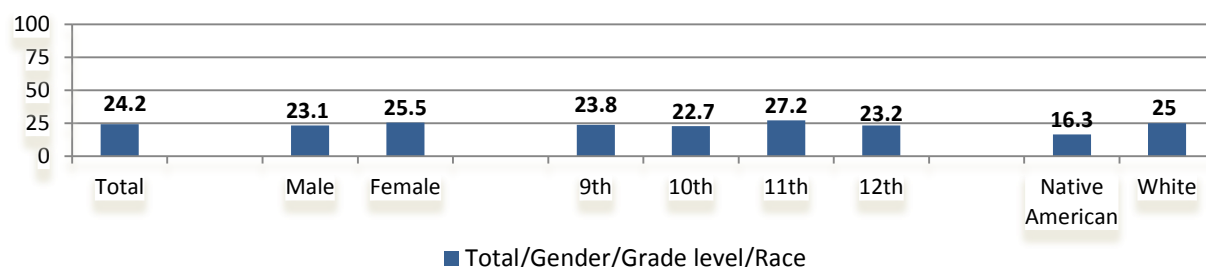
WERE TRYING TO LOSE WEIGHT

Statewide, 40.7 percent of students were trying to lose weight.



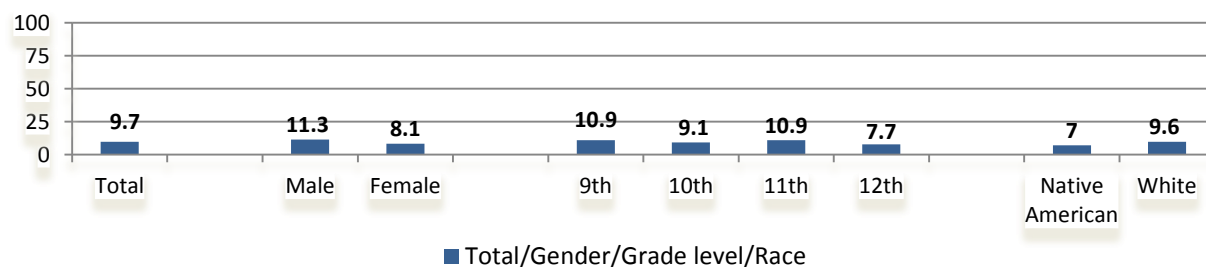
100% FRUIT JUICES

Statewide, 24.2 percent of students did not drink fruit juice during the past seven days.



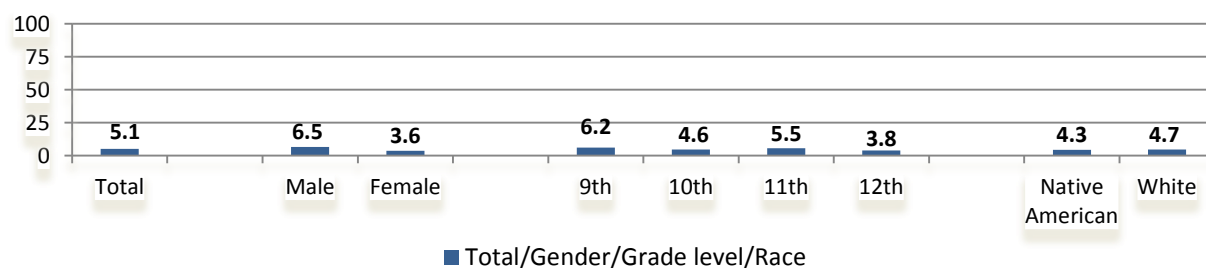
FRUIT CONSUMPTION

Statewide, 9.7 percent of students did not eat fruit on any of the past seven days.



FRUIT OR FRUIT JUICES

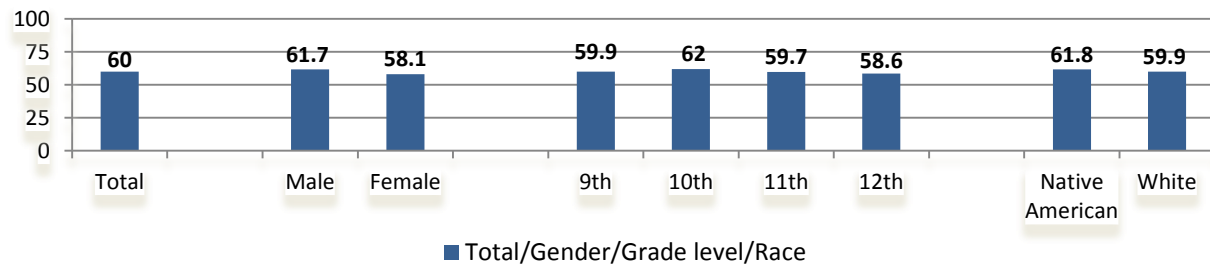
Statewide, 5.1 percent of students did not eat fruit or drink 100% fruit juice on any of the past seven days.



Dietary Behaviors and Nutrition

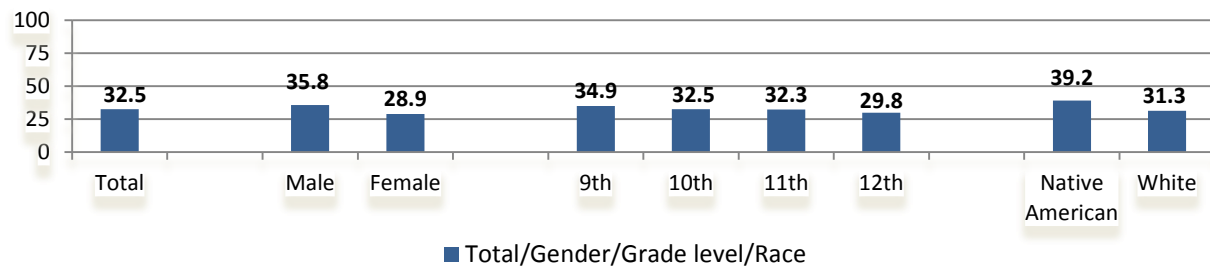
FRUIT OR FRUIT JUICES - DAILY

Statewide, 60.0 percent of students ate fruit or drank fruit juice each of the past seven days.



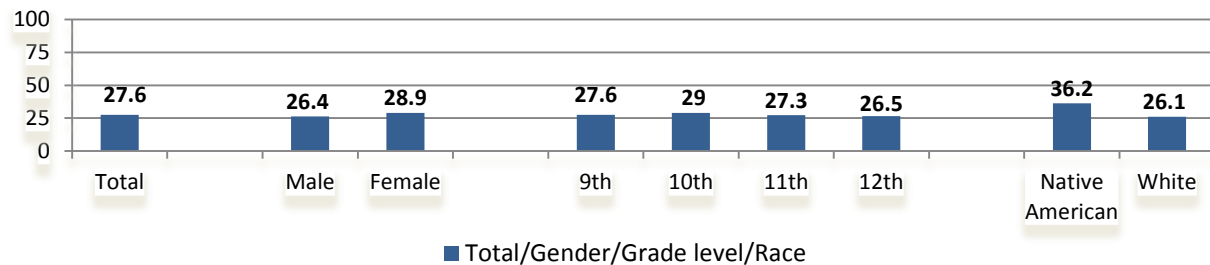
GREEN SALAD

Statewide, 32.5 percent of students did not eat a green salad on any of the past seven days.



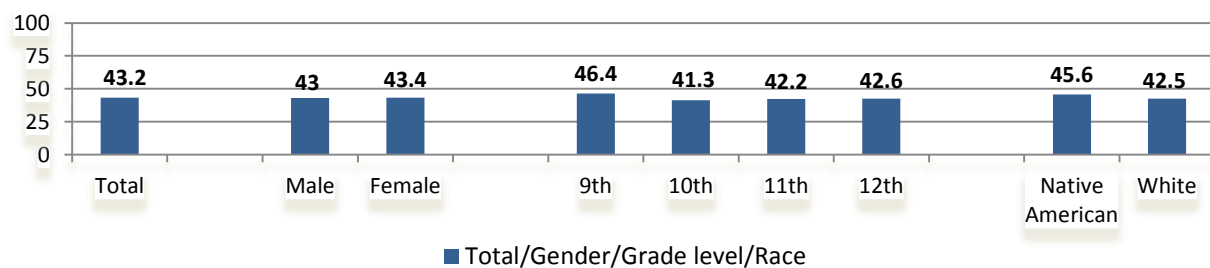
POTATOES

Statewide, 27.6 percent of students did not eat potatoes on any of the past seven days.



CARROTS

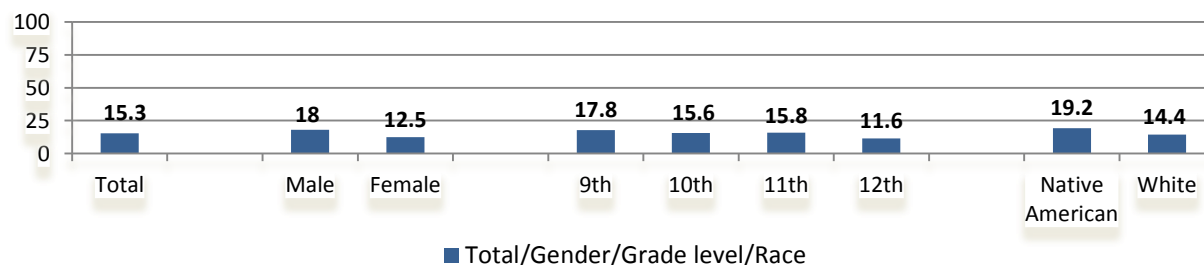
Statewide, 43.2 percent of students did not eat carrots on any of the past seven days.



Dietary Behaviors and Nutrition

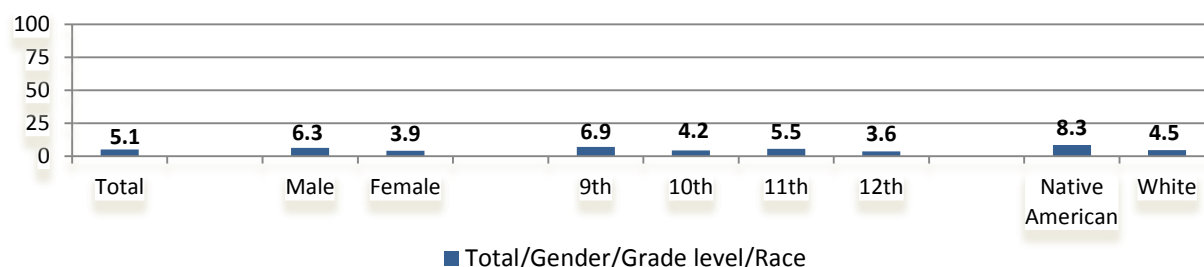
OTHER VEGETABLES

Statewide, 15.3 percent of students did not eat other vegetables during the past seven days.



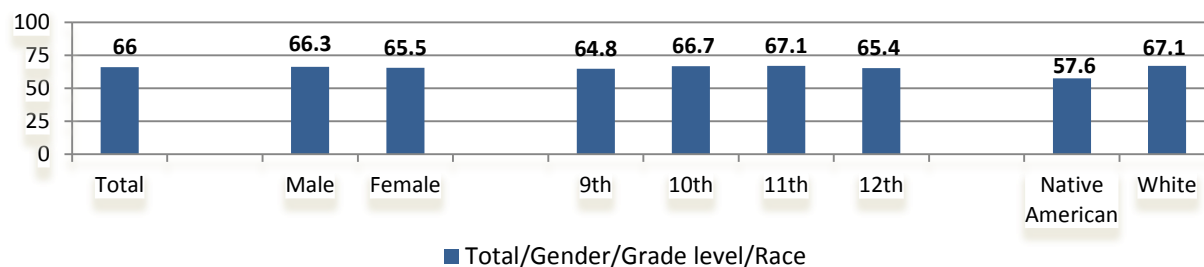
NO VEGETABLES

Statewide, 5.1 percent of students did not eat vegetables during the past seven days.



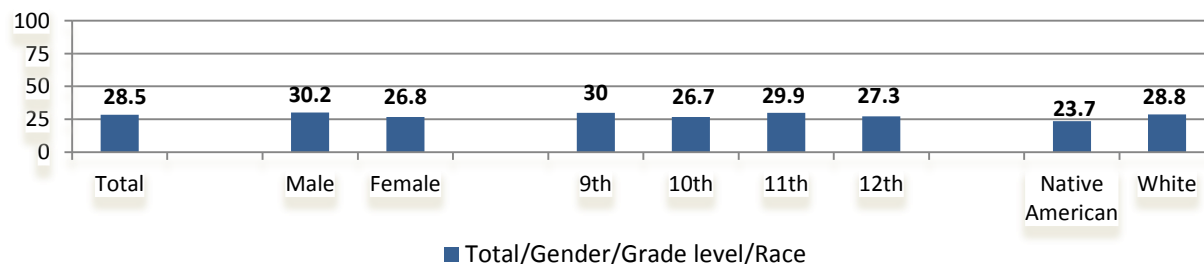
ATE VEGETABLES ONE OR MORE TIMES PER DAY

Statewide, 66.0 percent of students ate vegetables one or more times per day during the past seven days.



ATE VEGETABLES TWO OR MORE TIMES PER DAY

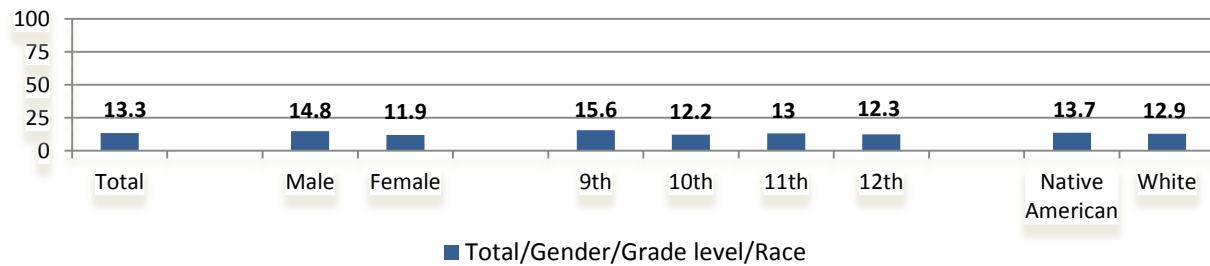
Statewide, 28.5 percent of students ate vegetables two or more times per day during the past seven days.



Dietary Behaviors and Nutrition

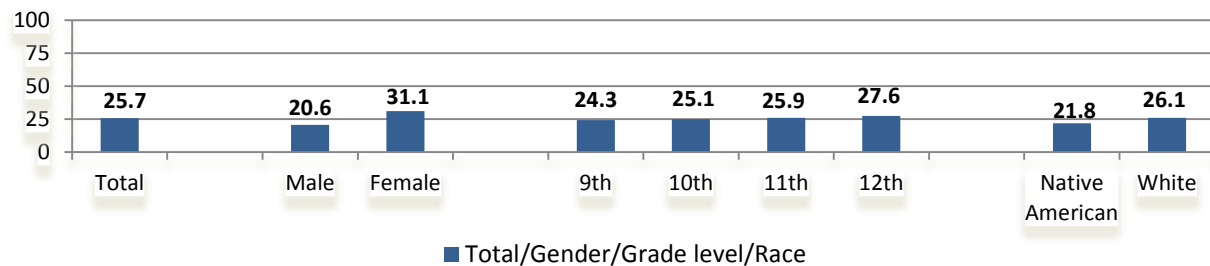
ATE VEGETABLES THREE OR MORE TIMES PER DAY

Statewide, 13.3 percent of students ate vegetables three or more times per day during the past seven days.



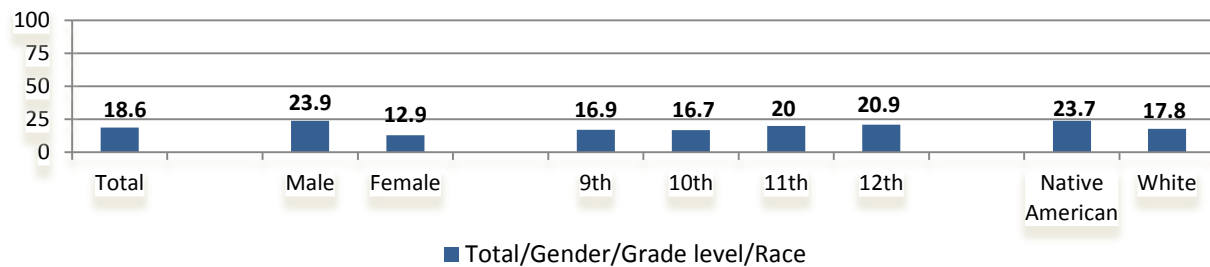
NO SODA OR POP

Statewide, 25.7 percent of students did not drink a can, bottle, or glass of soda or pop during the past seven days.



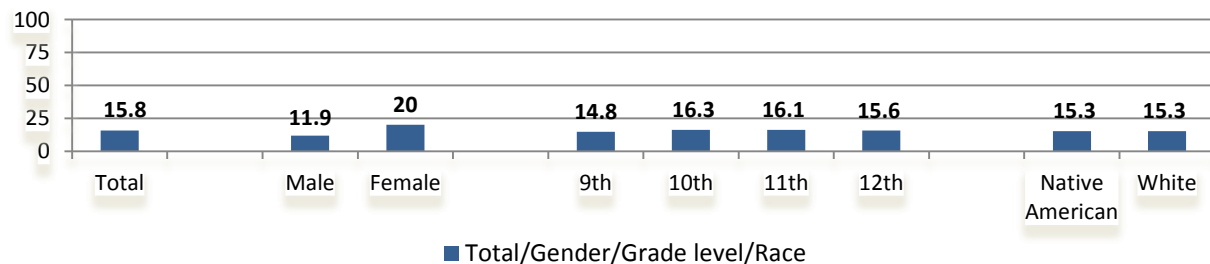
DRANK SODA OR POP DAILY

Statewide, 18.6 percent of students drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days.



NO MILK CONSUMPTION

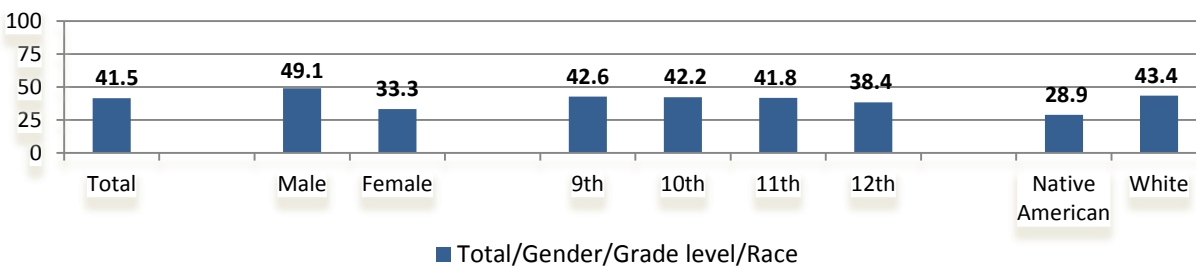
Statewide, 15.8 percent of students did not drink milk during the past seven days.



Dietary Behaviors and Nutrition

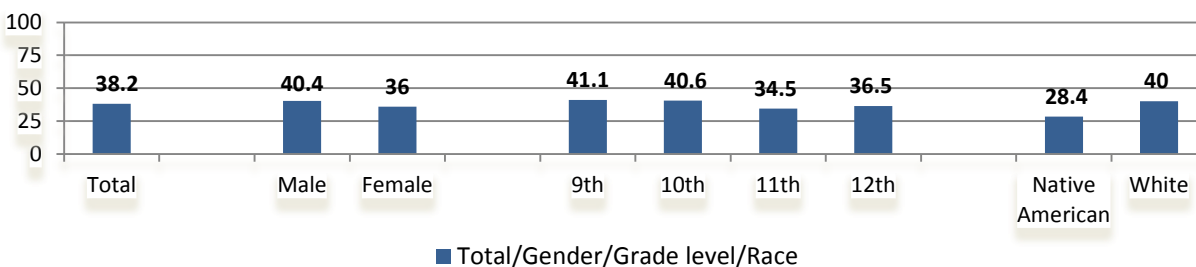
DAILY MILK CONSUMPTION

Statewide, 41.5 percent of students drank one or more glasses of milk per day during the past seven days.



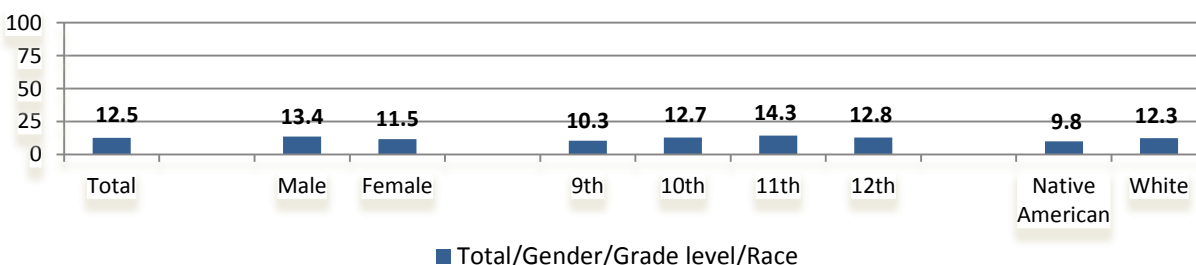
DAILY BREAKFAST

Statewide, 38.2 percent of students ate breakfast on all of the past seven days.



NO BREAKFAST

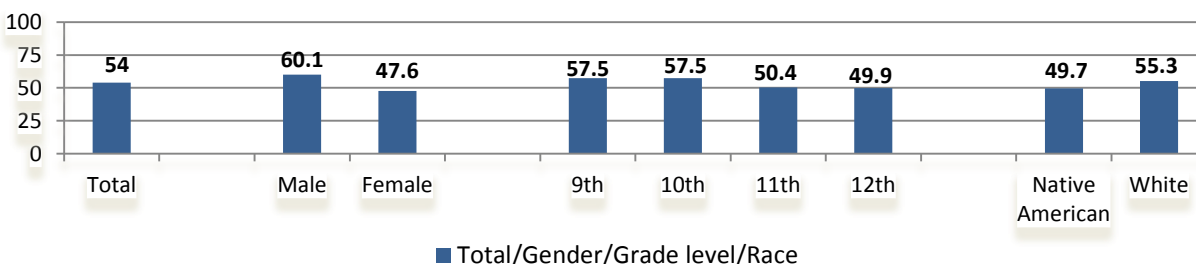
Statewide, 12.5 percent of students did not eat breakfast on any of the past seven days.



Physical Activity

Met Recommended Levels of Physical Activity

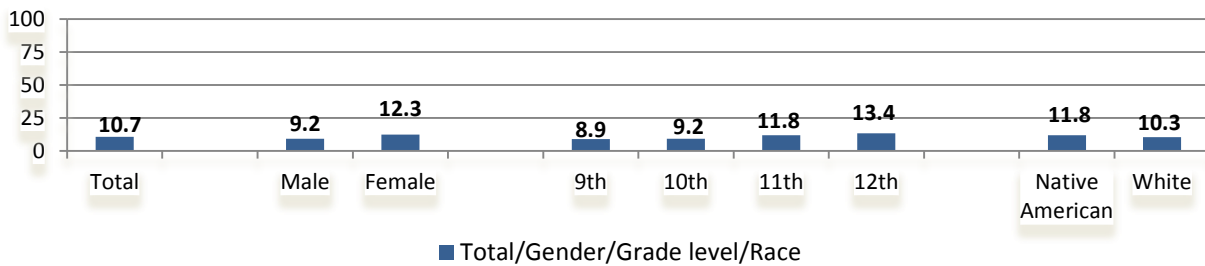
Statewide, 54.0 percent of students were physically active for a total of at least 60 minutes per day on five or more of the past seven days.



Physical Activity

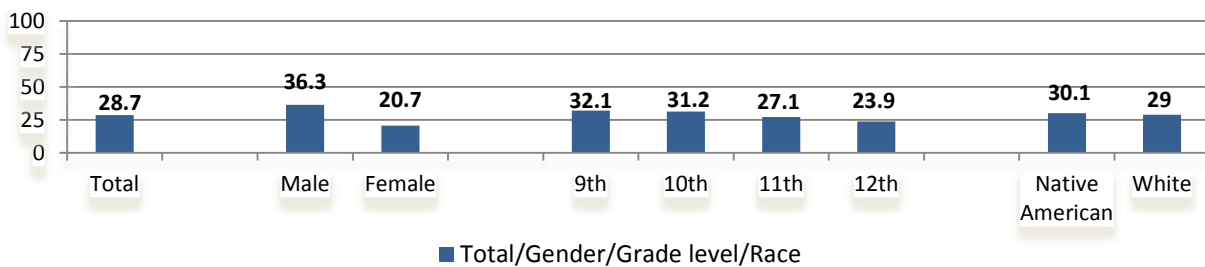
NO PHYSICAL ACTIVITY

Statewide, 10.7 percent of students did not participate in at least 60 minutes of physical activity on any of the past seven days.



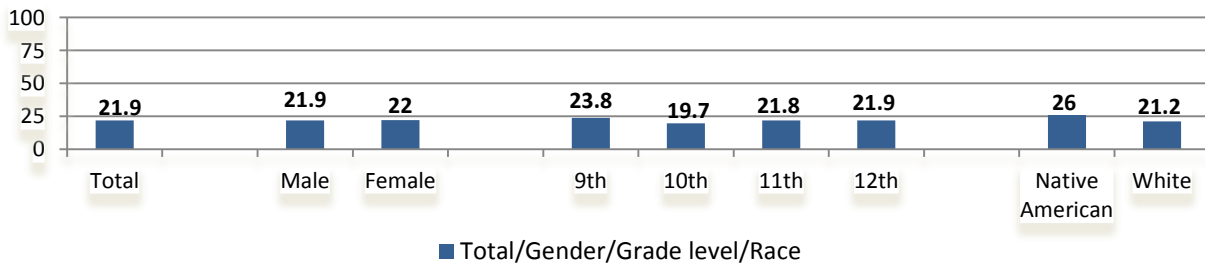
DAILY PHYSICAL ACTIVITY

Statewide, 28.7 percent of students were physically active at least 60 minutes per day on all of the past seven days.



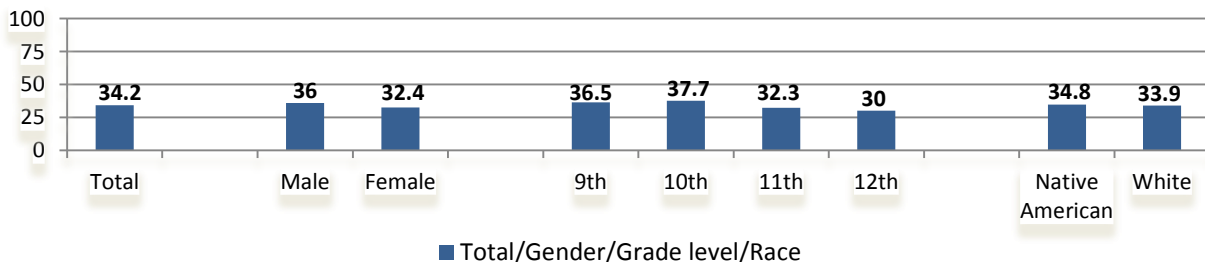
WATCHED TV THREE OR MORE HOURS PER DAY

Statewide, 21.9 percent of students watched three or more hours of TV per day on an average school day.



VIDEO GAMES OR COMPUTER USE THREE OR MORE HOURS PER DAY

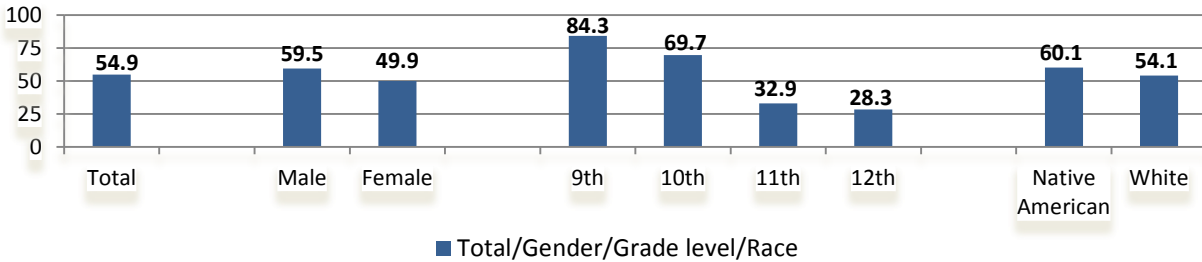
Statewide, 34.2 percent of students played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day.



Physical Activity

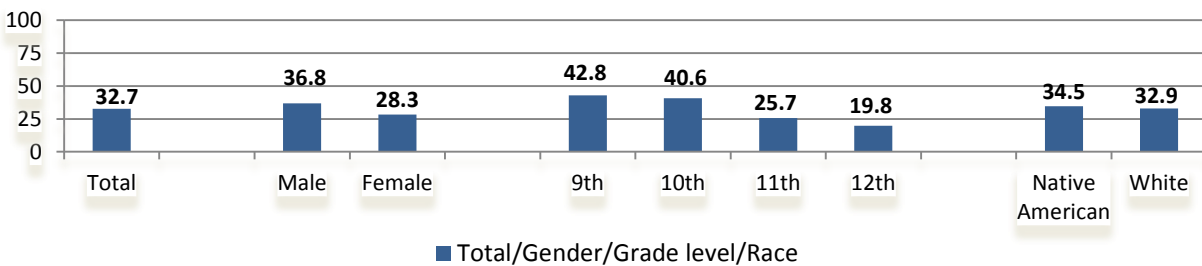
PHYSICAL EDUCATION ATTENDANCE

Statewide, 54.9 percent of students attended physical education (PE) classes on one or more days in an average week when they were in school.



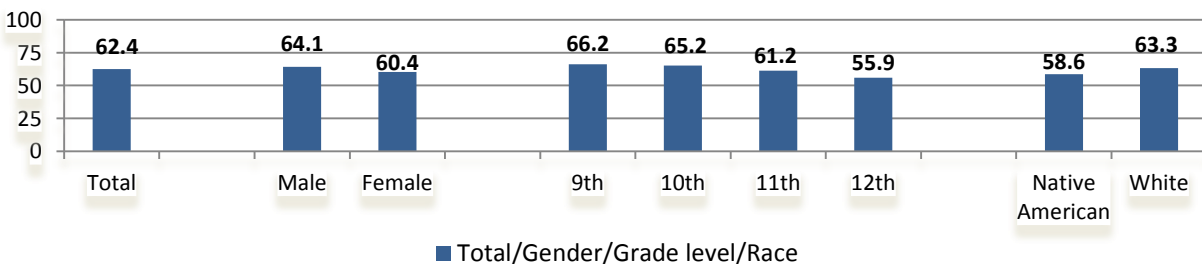
DAILY PHYSICAL EDUCATION ATTENDANCE

Statewide, 32.7 percent of students attended physical education (PE) classes daily in an average week when they were in school.



PLAYED ON AT LEAST ONE SPORTS TEAM

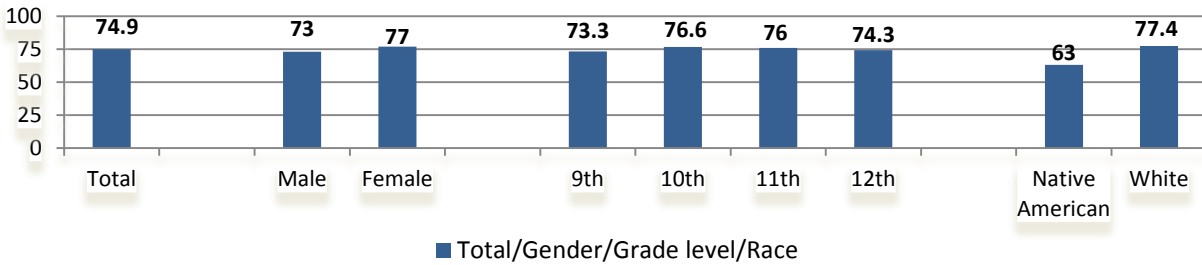
Statewide, 62.4 percent of students played on one or more sports teams during the past 12 months.



Other

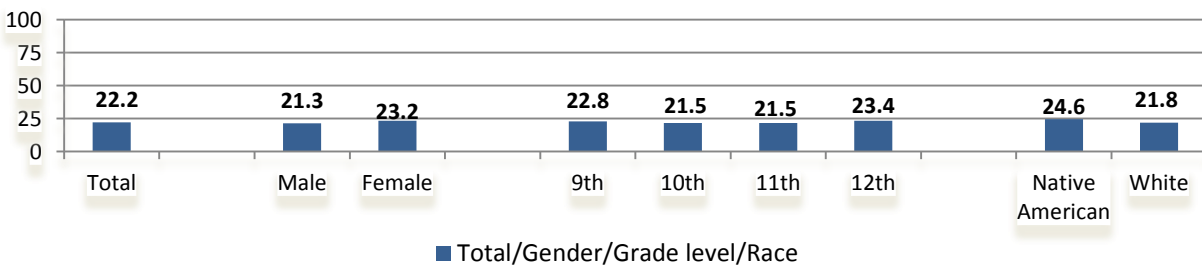
DENTAL CARE

Statewide, 74.9 percent of students saw a dentist during the past 12 months.



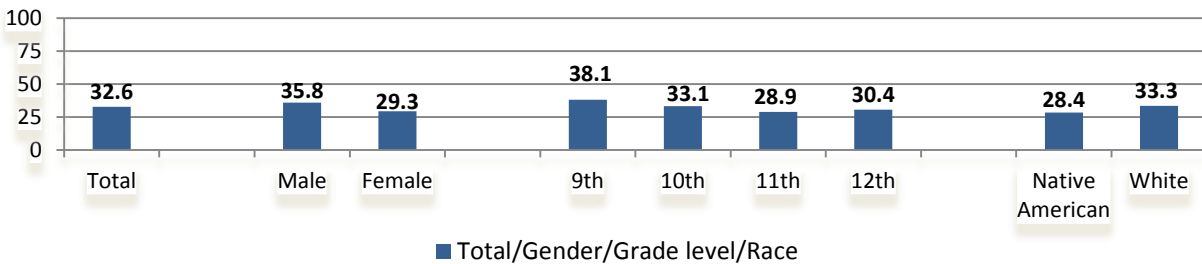
LIFETIME ASTHMA

Statewide, 22.2 percent of students had ever been told by a doctor or nurse that they had asthma.



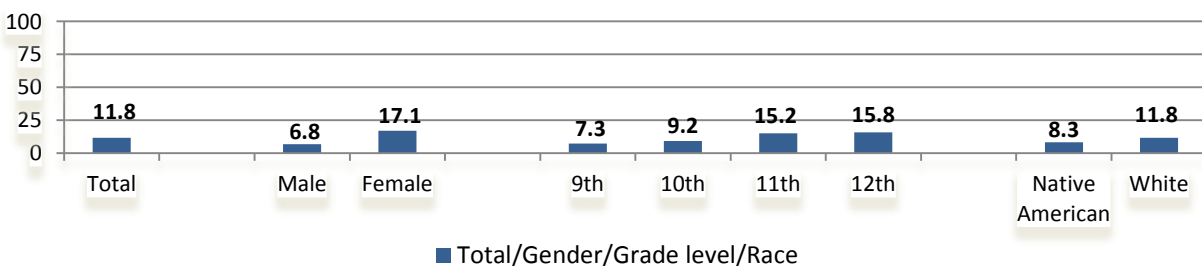
8 HOURS OF SLEEP

Statewide, 32.6 percent of students had 8 or more hours of sleep on an average school night.



TANNING DEVICES

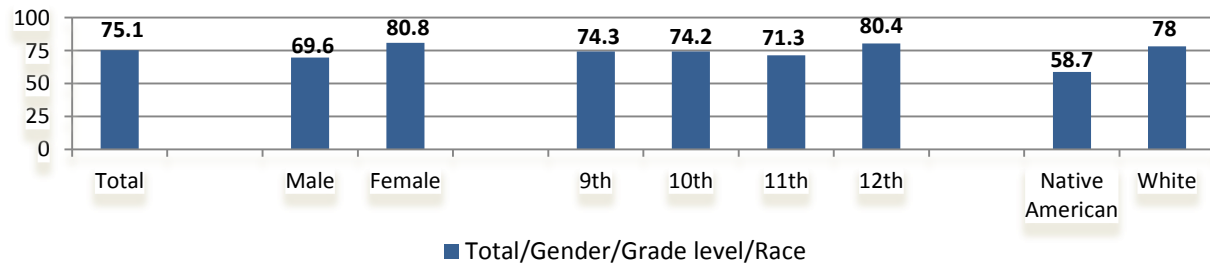
Statewide, 11.8 percent of students used an indoor tanning device such as a sunlamp, sunbed, or tanning booth one or more times during the past 12 months.



Other

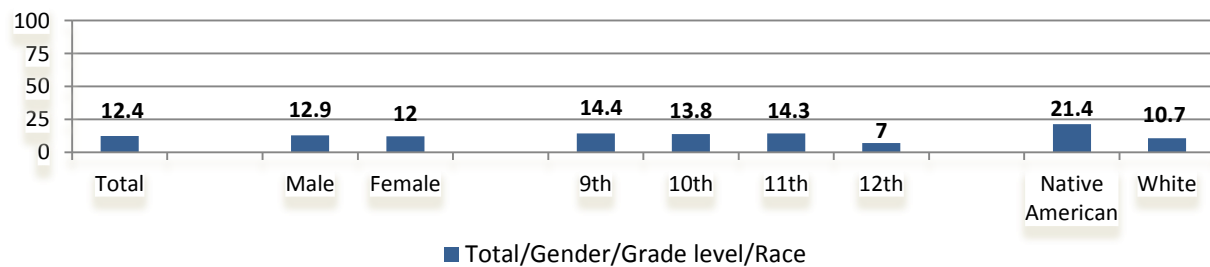
MOSTLY A'S OR B'S

Statewide, 75.1 percent of students made mostly A's or B's in school during the past 12 months.



STUDENTS WITH SPECIAL NEEDS

Statewide, 12.4 percent of students received help from a resource teacher, speech therapist, or other special education teacher at school during the past 12 months.



2015 Youth Risk Behavior Survey Results

Montana – 10-year Trend Analysis Report

Percentage of students who:

Injury and Violence	2005	2007	2009	2011	2013	2015	10-year Trend	Change from 2013-2015
Rarely or never wore a bicycle helmet when riding a bicycle during the past 12 months	82.3	83.8	82.7	81.2	80.1	80.3	Decreased	No change
Rarely or never wore a seat belt when riding in a car	13.9	14.2	13.1	11.2	10.1	9.5	Decreased	No change
Rarely or never wore a seat belt when driving a car					11.4	8.2	Decreased	Decreased
Rode with a driver who had been drinking alcohol during the past 30 days	34.4	32.9	28.8	26.1	24.5	23.0	Decreased	No change
Drove when drinking alcohol during the past 30 days					12.6	10.9		No change
Texted or e-mailed while driving a car during the past 30 days					55.8	54.6		No change
Talked on a cell phone while driving during the past 30 days					61.3	58.1	No change	No change
Carried a weapon during the past 30 days	21.4	22.1	23.0	23.5	25.7	26.4	Increased	No change
Carried a gun during the past 30 days	9.0	7.8	9.2	9.0	10.5	11.1	Increased	No change
Carried a weapon on school property during the past 30 days	10.2	9.7	7.9	9.3	9.9	10.6	No change	No change
Did not go to school because they felt unsafe at school or on their way to or from school during the past 30 days	4.2	4.2	5.2	4.2	8.8	5.0	Increased	Decreased
Were threatened or injured with a weapon on school property during the past 12 months	8.0	7.0	7.4	7.5	6.3	5.5	Decreased	No change
Were in a physical fight during the past 12 months	30.5	32.8	31.7	25.4	22.8	22.4	Decreased	No change
Were injured in a physical fight and had to be treated by a doctor or nurse during the past 12 months	3.6	3.7	4.9	2.7	2.3	2.3	Decreased	No change
Were in a physical fight on school property during the past 12 months	10.9	12.0	10.8	9.1	7.3	7.6	Decreased	No change
Were ever physically forced to have sexual intercourse when they did not want to	10.2	8.8	9.2	9.8	8.7	8.7	No change	No change
Experienced physical dating violence by someone they dated or went out with during the past 12 months					8.8	8.2		No change
Experienced sexual dating violence by someone they dated or went out with during the past 12 months					11.1	10.0		No change
Were bullied on school property during the past 12 months			23.1	26.0	26.3	25.3	No change	No change
Were electronically bullied during the past 12 months				19.2	18.1	18.5	No change	No change

2015 Youth Risk Behavior Survey Results

Montana – 10-year Trend Analysis Report

Percentage of students who:

Injury and Violence	2005	2007	2009	2011	2013	2015	10-year Trend	Change from 2013-2015
Have ever been the victim of teasing, name calling, or bullying because someone thought they were gay, lesbian, or bisexual during the past 12 months					13.2	14.7	No change	No change
Felt sad or hopeless for 2 or more weeks in a row that they stopped doing some usual activities during the past 12 months	25.6	25.8	27.3	25.2	26.4	29.3	Increased	Increased
Seriously considered attempting suicide during the past 12 months	17.5	15.1	17.4	15.2	16.8	18.8	No change	Increased
Made a plan about how they would attempt suicide during the past 12 months	14.6	13.2	13.4	12.3	13.6	15.5	No change	Increased
Attempted suicide during the past 12 months	10.3	7.9	7.7	6.5	7.9	8.9	No change	No change
Had a suicide attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or a nurse during the past 12 months	3.1	2.7	2.8	2.4	2.6	3.1	No change	No change
Tobacco Use	2005	2007	2009	2011	2013	2015	10-year Trend	Change from 2013-2015
Ever tried cigarette smoking in their life	55.4	52.1	50.0	44.0	41.1	39.1	Decreased	No change
Smoked a whole cigarette before age 13 years	17.6	14.7	12.3	11.1	9.8	8.0	Decreased	No change
Currently smoked cigarettes, past 30 days	20.1	20.0	18.7	16.5	15.2	13.1	Decreased	No change
Currently frequently smoked cigarettes, 20 or more of the past 30 days	8.8	8.1	7.9	6.4	5.5	3.6	Decreased	Decreased
Currently smoked cigarettes daily , all of the past 30 days	5.9	5.2	5.9	4.7	3.7	2.2	Decreased	Decreased
Smoked more than 10 cigarettes per day during the past 30 days	7.7	7.7	4.0	6.9	5.7	5.5	Decreased	No change
Smoked cigarettes on school property during the past 30 days	7.0	6.2	5.4	4.3	3.7	3.6	Decreased	No change
Tried to quit smoking cigarettes during the past 12 months	60.4	55.0	54.6	56.2	52.6	50.0	Decreased	No change
Currently used smokeless tobacco , past 30 days	14.8	12.9	14.6	13.5	13.4	12.3	No change	No change
Used chewing tobacco, snuff, or dip on school property during the past 30 days	8.2	7.3	8.8	8.0	8.3	7.5	No change	No change
Currently smoked cigars , past 30 days	17.6	15.5	17.8	16.1	15.8	12.6	Decreased	Decreased
Currently used cigarettes, cigars, or smokeless tobacco , past 30 days	34.2	32.0	33.5	29.6	28.6	25.3	Decreased	No change
Currently smoked cigarettes or cigars , past 30 days	28.9	27.3	28.2	25.2	23.6	20.1	Decreased	Decreased

2015 Youth Risk Behavior Survey Results

Montana – 10-year Trend Analysis Report

Percentage of students who:

Alcohol and Other Drug Use	2005	2007	2009	2011	2013	2015	10-year Trend	Change from 2013-2015
Ever drank alcohol during their life	77.8	77.8	75.7	72.8	70.5	69.9	Decreased	No change
Drank alcohol before age 13 years	27.8	25.9	24.0	21.4	19.9	19.6	Decreased	No change
Currently drank alcohol, during the past 30 days	48.6	46.5	42.8	38.3	37.1	34.2	Decreased	No change
Drank five or more drinks of alcohol in a row within a couple hours, during the past 30 days	34.4	32.7	30.1	25.2	23.5	20.7	Decreased	Decreased
Reported that the largest number of drinks they had in a row was 10 or more , past 30 days					7.2	6.0	No change	No change
Usually obtained the alcohol they drank by someone giving it to them		38.9	37.9	34.1	36.3	34.9	No change	No change
Had a drink of alcohol on school property , during the past 30 days	6.4	5.7	5.1	3.5	5.7	5.1	No change	No change
Ever used marijuana in their life	41.7	39.1	42.2	39.2	37.6	37.5	Decreased	No change
Tried marijuana before age 13 years	11.2	9.5	9.7	8.0	7.9	8.0	Decreased	No change
Currently used marijuana, past 30 days	22.3	21.0	23.1	21.2	21.0	19.5	Decreased	No change
Ever used cocaine in their life	9.5	8.3	7.2	6.1	6.4	5.2	Decreased	Decreased
Ever used inhalants in their life	15.4	16.2	14.2	11.6	9.9	8.0	Decreased	Decreased
Ever used heroin in their life	3.6	2.5	3.0	2.6	2.6	2.1	Decreased	No change
Ever used methamphetamines in their life	8.3	4.6	3.1	3.1	3.6	3.0	Decreased	No change
Ever used ecstasy in their life	6.3	6.0	7.3	8.2	8.2	6.1	No change	Decreased
Ever took steroids in their life	4.4	2.8	3.9	2.9	2.6	2.5	Decreased	No change
Ever took prescription drugs without a doctor's prescription in their life				18.4	16.2	15.6	Decreased	No change
Ever injected any illegal drug in their life	3.6	2.0	3.7	2.0	2.4	1.7	Decreased	Decreased
Were offered, sold, or given an illegal drug on school property during the past 12 months	25.3	24.9	20.7	25.2	22.8	21.7	Decreased	No change
Sexual Behaviors	2005	2007	2009	2011	2013	2015	10-year Trend	Change from 2013-2015
Ever had sexual intercourse in their life	43.6	45.7	47.6	47.9	46.0	44.0	No change	No change
Had sexual intercourse before age 13 years	5.1	5.1	5.7	4.4	4.3	3.1	Decreased	Decreased
Had sexual intercourse with four or more persons in their life	13.1	13.7	16.0	15.0	14.7	13.4	No change	No change
Were currently sexual active , past 3 months	31.2	31.2	32.2	34.7	34.1	32.3	No change	No change
Drank alcohol or used drugs before last sexual intercourse	29.4	26.0	25.7	21.1	21.7	19.7	Decreased	No change
Used a condom during last sexual intercourse	61.3	63.3	67.5	62.4	61.5	59.2	No change	No change
Used birth control pills before last sexual intercourse	23.8	23.4	27.4	21.4	24.9	27.1	No change	No change
Used an IUD before last sexual intercourse				6.8	1.9	4.2	Decreased	Increased

2015 Youth Risk Behavior Survey Results

Montana – 10-year Trend Analysis Report

Percentage of students who:

Sexual Behaviors	2005	2007	2009	2011	2013	2015	10-year Trend	Change from 2013-2015
Used a shot, patch, or birth control ring during last sexual intercourse				8.6	6.3	6.6	Decreased	No change
Used birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse				36.8	33.2	37.9	No change	Increased
Used both a condom during and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse				11.7	13.1	15.2	Increased	No change
Did not use any method to prevent pregnancy during last sexual intercourse	9.9	11.1	6.4	8.5	7.6	8.8	No change	No change
Weight Management and Dietary Behaviors	2005	2007	2009	2011	2013	2015	10-year Trend	Change from 2013-2015
Were overweight	12.8	13.3	11.8	12.9	12.9	15.0	No change	Increased
Were obese	9.3	10.1	10.3	8.5	9.4	10.3	No change	No change
Described themselves as slightly or very overweight	31.7	29.1	28.9	26.3	27.7	29.5	Decreased	No change
Were trying to lose weight	42.6	43.6	41.6	40.1	41.4	40.7	Decreased	No change
Did not drink 100% fruit juice during the past 7 days	18.7	17.8	20.0	17.7	22.1	24.2	Increased	Increased
Did not eat fruit during the past 7 days	12.7	11.1	11.2	10.1	8.8	9.7	Decreased	No change
Did not eat fruit or drink 100% fruit juice during the past 7 days	5.5	4.7	5.2	4.0	4.1	5.1	No change	Increased
Did not eat a green salad during the past 7 days	28.1	29.6	28.6	28.7	29.8	32.5	Increased	Increased
Did not eat potatoes during the past 7 days	26.9	26.2	27.1	25.5	26.7	27.6	No change	No change
Did not eat carrots during the past 7 days	42.5	42.7	40.7	42.8	41.5	43.2	No change	No change
Did not eat green salad, carrots, or other vegetables during the past 7 days	4.0	3.9	4.5	3.5	3.9	5.1	No change	No change
Ate vegetables one or more times per day during the past 7 days	64.0	64.9	66.1	66.5	66.8	66.0	Increased	No change
Ate vegetables two or more times per day during the past 7 days	27.3	26.2	29.2	28.5	29.4	28.5	Increased	No change
Ate vegetables three or more times per day during the past 7 days	12.6	11.7	13.1	11.9	13.2	13.3	No change	No change
Did not drink a can, bottle, or glass of soda or pop during the past 7 days		20.1	18.5	19.3	26.3	25.7	Increased	No change
Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days		26.2	25.7	23.4	18.2	18.6	Decreased	No change
Drank a can, bottle, or glass of soda or pop two or more times per day during the past 7 days		16.4	14.6	14.6	10.7	10.7	Decreased	No change

2015 Youth Risk Behavior Survey Results

Montana – 10-year Trend Analysis Report

Percentage of students who:

Weight Management and Dietary Behaviors	2005	2007	2009	2011	2013	2015	10-year Trend	Change from 2013-2015
Drank a can, bottle, or glass of soda or pop three or more times per day during the past 7 days		8.2	7.5	6.9	5.1	5.2	Decreased	No change
Did not drink milk during the past 7 days					13.9	15.8	Increased	Increased
Drank one or more glasses of milk per day during the past 7 days					44.9	41.5	Decreased	Decreased
Drank two or more glasses of milk per day during the past 7 days					29.5	27.4	Decreased	No change
Drank three or more glasses of milk per day during the past 7 days					14.5	13.2	No change	No change
Did not eat breakfast during the past 7 days				11.2	11.7	12.5	No change	No change
Ate breakfast on all of the past 7 days				39.5	40.3	38.2	No change	No change
Physical Activity	2005	2007	2009	2011	2013	2015	10-year Trend	Change from 2013-2015
Were physically active at least 60 minutes per day on 5 or more days during the past 7 days	31.2	44.9	46.0	54.7	54.8	54.0	Increased	No change
Did not participate in at least 60 minutes of physical activity on any of the past 7 days	25.2	13.3	13.4	10.0	10.7	10.7	Decreased	No change
Were physically active at least 60 minutes per day on all of the past 7 days	14.0	21.2	21.1	28.7	27.7	28.7	Increased	No change
Watched television 3 or more hours per day on an average school day	26.3	22.2	23.7	22.1	22.6	21.9	Decreased	No change
Played video or computer games or used a computer 3 or more hours per day for something that was not school work on an average school day		16.2	17.9	20.6	29.7	34.2	Increased	Increased
Attended physical education classes on all 5 days in an average week when they were in school	34.0	32.8	32.2	33.1	34.9	32.7	No change	No change
Played on at least one sports team during the past 12 months	61.7	59.6	57.7	63.2	63.7	62.4	Increased	No change
Other	2005	2007	2009	2011	2013	2015	10-year Trend	Change from 2013-2015
Had ever been told by a doctor or nurse that they had asthma	18.9	20.9	19.5	20.3	19.8	22.2	Increased	Increased
Used an indoor tanning device during the past 12 months					13.4	11.8	No change	No change
Received help from a resource teacher, speech therapist, or other special education teacher during the past 12 months			12.9	12.2	12.4	12.4	No change	No change

2015 Montana Youth Risk Behavior Survey Results Comparative Tables

The Montana High Schools results, with Native American subgroup, are based on random sampling procedures with a plus-or-minus 3 percent error rate. These weighted data can be used to make inferences about all high school students in Montana. A total of 4,486 students completed the Montana High School YRBS. In addition to this random sample group, 6,506 high school students from nonsampled Montana high schools also participated in the 2015 YRBS.

Data results for all other reports are based on census sampling procedures and are representative of only those students who completed the survey. The data for these reports are based on the following number of students:

Grades 7-8 – 7,241
American Indian Students On or Near a Reservation – 785
American Indian Students in Urban Schools – 680
Nonpublic Accredited Schools – 442
Alternative Schools – 226
Students with Disabilities – 1,493

Table (left to right): High School ~ Grades 7-8 ~ American Indian Students on Reservations (AI-R)
American Indian Students in Urban Schools (AI-U) ~ Nonpublic Accredited Schools (NPA)
Alternative Schools (ALT) ~ Students with Disabilities (SWD)

<i>Injury and Violence</i>	High School	Grades 7-8	AI-R	AI-U	NPA	ALT	SWD
Percentage of students who:							
Rarely or never wore a bicycle helmet when riding a bicycle during the past 12 months	80.3	71.2	92.7	87.0	68.7	92.6	83.4
Rarely or never wore a seat belt when riding in a car	9.5	7.4	13.5	16.3	5.0	21.7	14.9
Rarely or never wore a seat belt when driving a car	8.2	10.0	11.4	15.5	3.6	16.0	13.1
Rode with a driver who had been drinking alcohol during the past 30 days	23.0	19.6	27.6	25.9	19.4	29.0	27.6
Drove when drinking alcohol during the past 30 days	10.9	NA	15.0	18.3	9.7	10.1	17.8
Texted or e-mailed while driving a car during the past 30 days	54.6	NA	39.7	49.3	58.7	55.1	51.0
Talked on a cell phone while driving during the past 30 days	58.1	NA	33.8	49.1	54.6	56.2	51.6
Carried a weapon during the past 30 days	26.4	25.3	16.5	34.3	18.7	33.2	31.6
Carried a gun during the past 30 days	11.1	12.3	10.2	16.1	7.8	9.8	16.9
Carried a weapon on school property during the past 30 days	10.6	4.2	4.9	16.5	5.5	15.7	14.4
Did not go to school because they felt unsafe at school or on their way to or from school during the past 30 days	5.0	7.5	9.1	10.2	4.6	9.0	12.1
Were threatened or injured with a weapon on school property during the past 12 months	5.5	7.9	5.8	10.7	4.8	8.0	11.8
Were in a physical fight during the past 12 months	22.4	31.0	29.5	32.0	18.7	39.3	31.7
Were injured in a physical fight and had to be treated by a doctor or nurse during the past 12 months	2.3	3.4	5.4	7.0	3.0	9.8	7.0

2015 Montana Youth Risk Behavior Survey Results Comparative Tables

<i>Injury and Violence</i>	High School	Grades 7-8	AI-R	AI-U	NPA	ALT	SWD
Percentage of students who:							
Were in a physical fight on school property during the past 12 months	7.6	13.9	9.3	13.8	4.8	11.2	14.4
Were ever physically forced to have sexual intercourse when they did not want to	8.7	5.7	10.1	16.1	8.8	20.1	15.7
Experienced physical dating violence by someone they dated or went out with during the past 12 months	8.2	7.4	12.8	14.0	6.3	15.7	15.9
Experienced sexual dating violence by someone they dated or went out with during the past 12 months	10.0	8.2	10.5	16.5	9.6	14.9	16.7
Were bullied on school property during the past 12 months	25.3	37.3	26.0	28.6	22.3	31.1	40.0
Were electronically bullied during the past 12 months	18.5	21.2	16.8	22.3	14.8	34.2	28.4
Have ever been the victim of teasing, name calling, or bullying because someone thought they were gay, lesbian, or bisexual during the past 12 months	14.7	19.3	18.0	18.6	11.6	20.4	25.9
Felt sad or hopeless for 2 or more weeks in a row that they stopped doing some usual activities during the past 12 months	29.3	26.1	37.5	41.1	25.1	53.5	42.9
Seriously considered attempting suicide during the past 12 months	18.8	17.1	24.0	30.3	15.2	36.6	31.4
Made a plan about how they would attempt suicide during the past 12 months	15.5	14.2	20.9	25.3	12.5	33.5	24.2
Attempted suicide during the past 12 months	8.9	11.6	19.3	19.8	10.9	25.8	20.0
Had a suicide attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or a nurse during the past 12 months	3.1	3.3	6.5	6.5	3.9	8.0	8.4
<i>Tobacco Use</i>	High School	Grades 7-8	AI-R	AI-U	NPA	ALT	SWD
Percentage of students who:							
Ever tried cigarette smoking in their life	39.1	19.3	66.1	54.4	29.1	84.8	51.1
Smoked a whole cigarette before age 13 years	8.0	8.2	27.1	17.8	7.5	25.2	15.9
Currently smoked cigarettes, past 30 days	13.1	6.0	28.9	22.0	8.5	61.5	23.6
Currently frequently smoked cigarettes, 20 or more of the past 30 days	3.6	0.9	8.5	7.7	1.4	41.3	6.5
Currently smoked cigarettes daily, all of the past 30 days	2.2	0.7	5.0	6.4	0.1	31.2	4.5
Smoked more than 10 cigarettes per day during the past 30 days	5.5	8.0	2.7	16.0	5.7	11.1	8.7
Usually got their cigarettes by buying them in a store or gas station during the past 30 days	8.4	0.3	6.3	3.2	28.2	15.3	5.7
Smoked cigarettes on school property during the past 30 days	3.6	1.6	7.4	7.4	3.2	30.9	7.5
Tried to quit smoking cigarettes during the past 12 months	50.0	61.8	70.8	60.0	67.3	63.7	56.8

2015 Montana Youth Risk Behavior Survey Results Comparative Tables

<i>Tobacco Use</i>	High School	Grades 7-8	AI-R	AI-U	NPA	ALT	SWD
Percentage of students who:							
Currently used smokeless tobacco, past 30 days	12.3	4.3	21.7	16.7	9.1	19.1	18.1
Used chewing tobacco, snuff, or dip on school property during the past 30 days	7.5	2.1	15.4	10.8	6.1	11.7	12.1
Currently smoked cigars, past 30 days	12.6	3.2	11.1	15.4	9.6	25.3	17.6
Ever used an electronic vapor product	51.1	21.3	47.9	53.9	43.4	80.5	51.8
Currently used an electronic vapor product, past 30 days	29.5	12.8	25.3	33.8	21.1	62.4	32.0
<i>Alcohol and Other Drug Use</i>	High School	Grades 7-8	AI-R	AI-U	NPA	ALT	SWD
Percentage of students who:							
Ever drank alcohol during their life	69.9	39.9	59.3	72.6	60.7	85.7	67.0
Drank alcohol before age 13 years	19.6	23.2	21.8	26.8	14.4	35.0	25.7
Currently drank alcohol, during the past 30 days	34.2	12.5	31.6	37.5	29.2	53.2	37.5
Drank five or more drinks of alcohol in a row within a couple hours, during the past 30 days	20.7	5.4	22.9	25.8	13.7	32.6	24.6
Reported that the largest number of drinks they had in a row was 10 or more, past 30 days	6.0	NA	8.0	9.4	3.4	7.7	7.7
Usually obtained the alcohol they drank by someone giving it to them	34.9	36.8	21.7	28.5	30.6	29.0	27.4
Had a drink of alcohol on school property, during the past 30 days	5.2	1.5	7.4	9.0	4.8	3.7	8.5
Ever used marijuana in their life	37.5	12.9	62.6	50.6	34.4	78.5	44.3
Tried marijuana before age 13 years	8.0	8.7	32.1	17.3	9.2	31.5	14.1
Currently used marijuana, past 30 days	19.5	7.1	40.6	29.8	19.7	54.8	26.3
Ever used cocaine in their life	5.2	2.0	8.0	8.2	3.2	23.2	9.4
Ever used inhalants in their life	8.0	7.3	15.6	14.3	6.9	23.6	14.8
Ever used heroin in their life	2.1	1.1	3.4	6.2	2.1	5.0	5.2
Ever used methamphetamines in their life	3.0	1.2	6.6	7.3	2.5	13.0	7.7
Ever used ecstasy in their life	6.1	1.8	7.9	8.9	4.1	23.4	10.2
Ever used synthetic marijuana	9.6	4.4	24.8	18.2	8.8	35.2	16.4
Ever took steroids in their life	2.5	1.9	4.4	6.4	2.5	4.1	7.1
Ever took prescription drugs without a doctor's prescription in their life	15.6	5.4	17.5	23.3	13.8	45.5	20.9
Ever injected any illegal drug in their life	1.7	1.1	3.4	4.1	2.5	3.7	5.4
Were offered, sold, or given an illegal drug on school property during the past 12 months	21.7	14.3	19.5	24.9	18.9	26.7	27.7

NA – Not Asked

2015 Montana Youth Risk Behavior Survey Results Comparative Tables

<i>Sexual Behaviors</i>	High School	Grades 7-8	AI-R	AI-U	NPA	ALT	SWD
Percentage of students who:							
Ever had sexual intercourse in their life	44.0	11.9	60.6	55.5	33.3	78.6	52.9
Had sexual intercourse before age 13 years	3.1	5.4	8.7	10.3	4.0	9.9	9.7
Had sexual intercourse with four or more persons in their life	13.4	2.0	30.0	18.3	8.9	43.5	17.9
Were currently sexual active, past 3 months	32.3	4.7	39.8	37.6	23.6	59.0	34.3
Drank alcohol or used drugs before last sexual intercourse	19.7	28.0	25.4	25.6	26.5	35.9	28.7
Used a condom during last sexual intercourse	59.2	60.3	61.9	59.5	64.7	41.4	58.3
Used birth control pills before last sexual intercourse	27.1	NA	9.8	16.5	19.3	16.4	17.3
Used an IUD before last sexual intercourse	4.2	NA	4.0	3.1	7.6	11.7	2.9
Used a shot, patch, or birth control ring during last sexual intercourse	6.6	NA	8.0	6.8	2.1	7.6	7.4
Did not use any method to prevent pregnancy during last sexual intercourse	8.8	NA	20.5	14.5	11.7	17.0	17.5
<i>Dietary Behaviors</i>	High School	Grades 7-8	AI-R	AI-U	NPA	ALT	SWD
Percentage of students who:							
Described themselves as slightly or very overweight	29.5	26.3	39.8	36.5	24.0	32.6	32.8
Were trying to lose weight	40.7	41.0	51.2	43.8	39.1	38.3	45.8
Did not drink fruit juice during the past 7 days	24.2	25.9	18.9	27.9	22.9	27.0	27.8
Did not eat fruit during the past 7 days	9.7	8.7	10.5	15.2	6.0	18.6	17.1
Did not eat a green salad during the past 7 days	32.5	33.2	36.0	41.2	26.1	46.2	37.8
Did not eat potatoes during the past 7 days	27.6	NA	34.2	33.0	29.7	30.2	33.7
Did not eat carrots during the past 7 days	43.2	NA	49.5	50.0	33.0	55.8	49.7
Did not eat other vegetables	15.3	NA	26.0	20.4	16.6	21.5	23.9
Did not drink a can, bottle, or glass of soda or pop during the past 7 days	25.7	26.6	18.5	21.2	35.6	14.8	22.7
Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days	18.6	13.3	25.7	24.5	10.9	31.8	24.3
Drank a can, bottle, or glass of soda or pop two or more times per day during the past 7 days	10.7	7.8	15.5	16.1	5.8	22.9	16.6
Drank a can, bottle, or glass of soda or pop three or more times per day during the past 7 days	5.2	3.9	9.1	9.8	3.5	14.3	9.5
Did not drink milk during the past 7 days	15.8	12.1	19.6	19.6	14.8	23.7	20.4
Drank one or more glasses of milk per day during the past 7 days	41.5	47.8	28.2	39.8	41.9	29.2	37.3
Drank two or more glasses of milk per day during the past 7 days	27.4	34.4	15.3	26.2	24.1	16.0	26.4
Drank three or more glasses of milk per day during the past 7 days	13.2	18.8	7.8	13.3	12.5	5.9	14.0
Did not eat breakfast during the past 7 days	12.5	9.1	11.0	18.1	11.8	21.7	18.7
Ate breakfast on all of the past 7 days	38.2	51.3	29.6	30.0	40.2	15.4	30.7

NA – Not Asked

2015 Montana Youth Risk Behavior Survey Results

Comparative Tables

Physical Activity	High School	Grades 7-8	AI-R	AI-U	NPA	ALT	SWD
Percentage of students who:							
Were physically active at least 60 minutes per day on 5 or more days during the past 7 days	54.0	66.1	46.4	79.9	60.5	26.4	46.6
Did not participate in at least 60 minutes of physical activity on any of the past 7 days	10.7	6.7	15.1	15.1	9.1	24.1	18.0
Were physically active at least 60 minutes per day on all of the past 7 days	28.7	35.1	22.5	28.2	27.9	14.6	26.1
Watched television 3 or more hours per day on an average school day	21.9	22.5	26.3	27.7	16.8	27.4	27.6
Played video or computer games or used a computer 3 or more hours per day for something that was not school work on an average school day	34.2	33.7	40.8	39.1	27.1	39.5	36.2
Attended physical education classes on all 5 days in an average week when they were in school	32.7	29.5	36.3	38.6	19.1	13.6	35.2
Played on at least one sports team during the past 12 months	62.4	72.5	65.7	53.8	80.3	16.7	51.7
Other	High School	Grades 7-8	AI-R	AI-U	NPA	ALT	SWD
Percentage of students who:							
Saw a dentist during the past 12 months	74.9	71.8	59.4	65.3	78.9	70.3	64.3
Had ever been told by a doctor or nurse that they had asthma	22.2	17.6	20.9	25.2	21.5	27.3	27.7
Had 8 or more hours of sleep on an average school night	32.6	56.9	31.1	27.7	32.7	25.8	30.7
Used an indoor tanning device during the past 12 months	11.8	4.1	8.6	11.3	10.4	59.5	13.1
Made mostly A's or B's in school during the past 12 months	75.1	74.7	58.8	56.6	85.1	10.6	56.3
Received help from a resource teacher, speech therapist, or other special education teacher during the past 12 months	12.4	20.2	20.7	24.5	12.5	26.4	100.0

Montana Youth Risk Behavior Survey

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